2019 Best Starts for Kids Annual Report

Communities Building Impact

King County Best Starts for KIDS

FROM THE KING COUNTY EXECUTIVE

To the King County community,

Happy, healthy, safe, and thriving is the Best Starts for Kids vision for all infants, children, youth and families in our community. Those words have never been more important. While our annual report focuses on the great successes of Best Starts in 2019, we cannot ignore the enormous impact that COVID-19 is having on our community as I write this letter.



I have never been prouder to be a resident of King County. In this extraordinary moment, so many community organizations have joined in mutual purpose, assessing needs and responding collaboratively to help the most vulnerable among us. Chief among those organizations are our Best Starts for Kids–funded partners.

From the beginning, Best Starts has strived to fund organizations that are of and for King County communities. Little did we know how much we would need them to help respond to the impact of a sudden global pandemic in those very communities. The organizations that make up the "Best Starts family" have shown their love and compassion for the people they serve by thinking creatively, maximizing their resources, and raising their voices so all can be heard and helped. Their connections community, and particularly their cultural knowledge and language skills, are helping to ensure critical public health and safety information is available to those who need it the most.

They say it takes a village to raise a child, but we have witnessed that it takes a village to protect its families. While we are still in the early days of this public health crisis, I believe Best Starts for Kids' partners have been and will continue to be critical to our regional recovery.

No matter what obstacles are thrown in our path, Best Starts for Kids programs and services will continue to grow and thrive in 2020. I am proud to share the 2019 Best Starts for Kids Annual Report. It includes data on our successes and stories of the lives that have been enriched thanks to our combined efforts. Best Starts for Kids partners, working with the children, youth and families who make up our great county, are helping create a community where all children will be able to achieve lifelong success. Thank you to all who have made Best Starts for Kids a vital part of the fabric of King County.

Sincerely,

Dow Constanti

Dow Constantine King County Executive

THANKS TO OUR PARTNERS

Best Starts for Kids funds community partners across King County who lead, advise and implement work through this initiative. These partners are recognized by name on page 34.

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FOR MORE INFORMATION

kingcounty.gov/BestStarts

ALTERNATE FORMATS

call 206-263-9100 or TTY Relay 711

PRIVACY

The stories in this report reflect the experiences of real people who accessed services through Best Starts for Kids community partners. They have consented to have their stories shared. Names and images may have been changed to respect their privacy.



FROM THE KING COUNTY STRATEGIC ADVISOR FOR CHILDREN AND YOUTH

To our community,

On the days my children were born, I did what so many parents do every day — I looked down at their beautiful faces, and I wanted the world for them. The hopes and dreams that we all have for our children are what guide the work of Best Starts for Kids.

Best Starts for Kids was born in community. We asked parents, families, caregivers and communities what they wanted for their children. They responded with their hopes and dreams — not just the things they wanted to avoid and prevent but the beautiful things they wanted for their children. These community aspirations shaped Best Starts for Kids into what it is today.

Best Starts for Kids investments prioritize the promotion of positive outcomes for our kids and build on community strengths. We collaborate closely with the MIDD behavioral health sales tax fund and the Veterans, Seniors and Human Services Levy, so that there is a continuum of services that span the spectrum of promotion, prevention, intervention and policy/system change. These three initiatives represent a collective intention to make our county a place where everyone can thrive.

2019 was the fourth year of the Best Starts for Kids levy. Our short-term impact is exciting — and we are committed to seeing what can happen for all babies born during the life of the levy. This 2019 Annual Report provides detailed information on our 2019 performance measures, outcomes and financials. You will see impact and investment highlights throughout the report, with tables at the end and links to interactive data online.

Many of our investments have a long-term vision and we will see the impact of those dreams over time as our Best Starts for Kids babies grow. As we progress towards this vision, we share where each investment is in this process. Investments are labeled as laying the groundwork, building momentum or delivering impact. (For detailed definitions of these stages, see page 32).

As we write this report and celebrate the successes of Best Starts for Kids in 2019, we are also in the midst of responding to the COVID-19 crisis and partnering with our communities to ensure that everyone has what they need to emerge from this time healthy and whole. I would like to express my gratitude to our leadership — Dow Constantine, King County Executive; Leo Flor, director of the King County Department of Community and Human Services; and Patty Hayes, director of Public Health, Seattle and King County — as well as to our Children and Youth Advisory Board for their compassion, commitment and leadership. Now more than ever, we know the importance of creating strong, united communities.

Sincerely,

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Sheila Capestany King County Strategic Advisor for Children and Youth Director, Children, Youth and Young Adult Division King County Department of Community and Human Services



Best Start for Kids 2019

Best Starts for Kids has reached a critical point of momentum and impact. With \$83.9M invested, the number of active programs has grown from just over 400 to 483.

Best Starts for Kids builds on the strengths of families and communities so that babies are born healthy, children thrive and young people grow into happy, healthy adults. We are committed to expanding on 2019 progress in the year ahead — and to making a difference for King County now and into the future.



Photo: Erin Murphy

WHO WE SERVE

In 2019, Best Starts for Kids investments reached more than 226,000 children, parents, caregivers and others in King County. Our community partnerships expanded dramatically, from 220 in 2018 to 281 in 2019.

These achievements reflect our fundamental values: Best Starts invests in communities - geographic, linguistic, cultural and otherwise - and in their vision of equity and progress. King County's residents are Best Starts for Kids, ensuring that children, youth, families and caregivers are supported at every stage of life.

When families and communities have the resources and support to help their kids have the best possible start ...

- Babies are born healthy and given the foundation for a happy, healthy life.
- People have equitable opportunities to be safe, healthy and thriving.
- Communities offer safe and welcoming environments for their kids.
- Children, teens and young adults thrive!

2019 DEMOGRAPHICS



Race groups are mutually exclusive.



RACE/ETHNICITY American Indian/Alaska Native: 2%

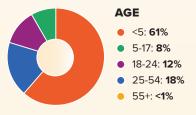
- Asian: 12%
- Black/African American: 26%
- Hispanic/Latino: 16%
- Native Hawaiian/Pacific Islander: 4%
- White: 31%
- Multiple Races: 9%
- Other: 1%



GENDER IDENTITY

- Female: 58%
- Male: 42%
- Other: <1%

Individuals who selected "Other" indicated their gender identity was not listed in the response options. This includes but is not limited to persons identifying as transgender, nonbinary, questioning, and/or gender-nonconforming.



Data are provided only for individuals for whom information is available and relevant. Individuals who are enrolled in more than one program may be duplicated in the demographic data. Totals may not add up to 100% due to rounding.

WHAT WE DO

Best Starts for Kids partners with communities at every stage of life and every stage of care, as demonstrated below in our 2019 investment summary.

Investing early

\$40.05M

Building a robust system of support for pregnant and parenting families, infants, very young children and caregivers that meets people where they are — at home, in the community and wherever children are cared for.

In 2019, Best Starts strengthened our commitment to communitydesigned approaches, effectively reaching and engaging children and families from communities across King County.

Sustaining the gain

\$28.8M

Ensuring progress continues with school- and communitybased opportunities to learn, grow and develop through childhood and adolescence and into adulthood.

In 2019, Best Starts partnered with communities to expand where and how we reach and engage with young people to provide them support and guidance to achieve their goals and aspirations in school, work and life.

Communities matter

\$6.9M

Supporting communities as they build safe, thriving places for children to grow up.

In 2019, Best Starts invested in culturally rooted and placebased partnerships and organizations to advance communitydriven policy and systems change. These efforts focus on greater equity in housing, health, economic opportunity and community connections.

Homelessness prevention

\$3.8M

Complementing state and city efforts to prevent and reduce homelessness by focusing on what each family needs to stay stably housed.

In 2019, Best Starts continued to see a drop in homelessness among families with children and among young adults. By combining case management with flexible financial assistance where needed, Best Starts for Kids is contributing to the countywide effort to prevent homelessness.

2019 PROGRESS

226,000+

\$83.9M* invested throughout King County

281 community partners

483 new and continuing programs

1,969

hours of technical assistance leveraged by communities

30,500+

children and families with access to basic necessities

5,860+

young people participating in youth development programs

2,118 people who remained housed

Additional data on work funded through Best Starts for Kids are available at www.kingcounty.gov/BestStarts.

* Total includes evaluation and programming.

Amplifying community strengths and resilience across King County

The community partners highlighted here give a sense of the breadth of programming supported by Best Starts for Kids funding across King County.

INVESTMENT AREAS:

- Investing early
- Sustaining the gain
- Communities of Opportunity
- Homelessness prevention



DISTRICT 1

A Center for Human Services

Providing Child-Parent Psychotherapy, which draws on attachment theory in home-based therapeutic sessions to strengthen the relationship between children and caregivers and support the emotional and cognitive well-being of children who have experienced significant trauma and are experiencing mental health, attachment and/or behavioral challenges.

B Northshore School District

Developing outcome-based curriculum focused on providing high-quality physical education; and increasing access to an online interface that helps students, teachers and parents engage with fitness goals and planning.

DISTRICT 2

C Bella's Creative Learning Center

Training parents and child care providers primarily serving African American children in understanding why and how to use developmental screening, navigating referrals and developing methods to make screening and referral more culturally appropriate.

D Chinese Information Services Center

Providing afterschool and summer programming aimed at increasing math and literacy competency, with a focus on serving children and youth from immigrant and refugee families.

DISTRICT 3

Friends of Youth

Delivering the Parents as Teachers model of comprehensive home visiting and parent education for families with children from prenatal through kindergarten. The four components of the model include home visits, group connections, resource networks and child development screening.

F) TRACE

Providing an enhanced trauma-informed response to eligible children, youth and/or family members who have experienced a traumatic event and/or are currently experiencing symptoms of trauma. This project is a partnership between the YMCA and Snoqualmie Valley Community Network.

DISTRICT 4

G North Seattle College

Improving outreach, enrollment and retention of early learning educators enrolled at Seattle Colleges through the Early Childhood Education Student Success Project.

H Therapeutic Health Services

Supporting youth and families at imminent risk of homelessness with flexible funding and additional staffing capacity with a full-time Case Manager.

BSK makes focused investments in kids and communities that ensure that all of our kids thrive.

- Jessica Werner, Children and Youth Advisory Board Co-Chair

Population distribution across King County regions, by Federal Poverty Level (FPL) and participants served



People living outside of King County and those with unknown residence are not included. Individuals who are enrolled in more than one Best Starts program may be duplicated. Totals may not add up to 100% due to rounding. Total number of people vary across regions.

DISTRICT 5

First Five Years and Mother Africa

Initiating a new education and screening program among immigrant families with children birth to age 5 who have at least two or more risk factors, including: low birth weight or prematurity; experiencing poverty, abuse or neglect; and/or having a parent who identifies as Black, a teenager and/or a limited-English-speaking parent.

Iraqi Community Center of WA

Providing afterschool and summer programming in the Kent East Hill neighborhood, focused on academic and English support and the preservation of cultural heritage.

DISTRICT 6

K India Association of Western Washington

Holding Kaleidoscope Play and Learn groups for Asian Indian parents and caregivers to sing, read and play together in support of their children's healthy growth and development.

Lifewire

Partnering with Bellevue College and high schools to provide young people with tools to identify and build healthy relationships, support each other and family members and practice leadership that promotes gender equity and challenges violent attitudes and behaviors.

DISTRICT 7

M Auburn School District (Screening, Brief Intervention and Referral to Treatment)

Implementing universal screening among sixth graders in four middle schools to identify students in need of additional supports; and developing new strategies to increase health and fitness activities, including community fitness nights to raise awareness about the importance of fitness.

N Tilth Alliance

Collecting organic produce from local farmers to provide to families in need through local preschool programs and community-based organizations such as Global Perinatal Services and Open Arms Perinatal Services.

DISTRICT 8

Communidad Latina de Vashon

Building on the Latino community's strengths to disrupt multi-generational cycles of poverty and underemployment and create systems-level change on issues of housing stability.

P FEEST

Promoting healthy eating through youth-led projects supporting low-income young people in South King County.

DISTRICT 9

Ohildrens Therapy Center

Supporting babies and toddlers with developmental delays and disabilities through a home-based, parent coaching model that centers strengths- and relationship-based approaches.

R Tahoma School District (Screening, Brief Intervention and Referral to Treatment)

Increasing screening of eigth grade students at Maple View and Summit Trail Middle Schools to identify students in need of additional supports and connect them to services.

Investing early

from prenatal care to the first day of kindergarten

In King County, we understand that a strong community, a stable family, and parents and caregivers who have the tools and resources to promote their child's well-being are critical to neurological, physical and social emotional development.

In 2019, Best Starts for Kids increased community investments that promote development during the critical first five years of life: from \$20.9 million in 2018 to \$40.05 million in 2019. The majority of these partnerships are **delivering impact** — with funding actively at work under the leadership of King County's communities. Investments at the **laying the groundwork stage**, the seeds of future progress, have also increased.

These investments give families the best chance to have healthy babies and provide children with the best environment in which to grow and thrive. We have deepened our commitment to address racial, economic and other inequities and stay true to our promise to promote the healthiest start for children and their families during these influential years.

Photo: Erin Murphy

\$40.05M

total investments in 2019

166 new and continuing programs

IMPLEMENTATION STATUS IN 2019

---------------------\$37M

Delivering impact

Building momentum

-**●** \$0.35M

Laying the groundwork

See the Investment Index on page 32 for more information on Best Starts for Kids implementation status.

By investing early, Best Starts for Kids supports communities where:

- Babies are born healthy.
- Children grow up in households where they are safe and cared for.
- Children grow up resilient, curious and content.
- Children are socially, intellectually and physically ready for kindergarten, the first step in a lifetime of learning.
- Children flourish and thrive!

Centering practices in tradition and culture



Photo: Erin Murphy

During her pregnancy, Madeline Fry felt like something was missing. An urban Indian from the Algonquin Anishinaabeg from the Eastern Woodlands of Canada, she sought community here in Seattle, which led her to United Indians of All Tribes Daybreak Star Doulas program.

Madeline first learned about Daybreak Star Doulas through a training program for indigenous women. The program became a critical support after she gave birth to her daughter Winona. Born hypoglycemic, Winona spent five days in the neonatal intensive care unit, creating an unexpected interruption in Madeline's healing process.

"I felt like I should be strong enough to do this all on my own," explains Madeline. "I internalized so much of the discrimination Native people experience in the health care system — I needed community to tell me that what happened wasn't my fault."

Camie Goldhammer, Daybreak Star Doulas' program manager, and her team of doulas provided the postpartum care critical to Madeline's recovery. "Our doulas take on the traditional role of a grandma or an auntie — we are bringing indigenous practices of women supporting women back to our community."

More than anything, the doula program provided a community for me where I felt supported as a new mom.

In Washington State, maternal mortality rates among Native American and Alaska Native mothers are unacceptably high: almost one woman dies for every 500 live births. In King County, one in every hundred infants born to American Indian and Alaska Native mothers dies within the first year of life.

Daybreak Star Doulas — launched in 2019 with funding from Best Starts for Kids — works to disrupt these trends and to promote health and well-being for Native families. Camie worked closely with a cultural advisory board to design a program that is "completely Native in every way," with an all-Native staff delivering services embedded in indigenous practices and culture.

"My focus is [on] incorporating traditional medicine and indigenous practices into how we support women through pregnancy, birth and postpartum care, no matter the outcome of the pregnancy. We are decolonizing how we provide care by ensuring more indigenous women have cultural knowledge to support our community through their experiences."

The care and support Madeline received, from navigating challenges with breastfeeding to help with cleaning the house, were foundational to her healing and bonding with Winona. As Madeline shares, "Traditionally in our culture, we raise babies together. If I'm feeling a longing for community, others probably are too. We can fill that gap and create a somewhereaway-from-home community."

Help Me Grow

Laying the groundwork \$262K invested in 2019 156 collaborators statewide

New parents are full of questions when it comes to the healthy growth of their babies and young children. Help Me Grow connects families and caregivers who have children under age five to community-based programs and services, making it easier to move between systems of care and promote healthy child development.

In 2019, Best Starts for Kids partnered with community organizations to design a more coordinated, inclusive and welcoming Help Me Grow system that is responsive to the many communities represented throughout King County. We hosted or attended **27 community gatherings** providing a space for more than **450 children, families and caregivers** to shape how Best Starts can both improve access to coordinated services and truly support the hopes and dreams families have for their children.

King County is partnering with WithinReach, the statewide affiliate for Help Me Grow, to align systems and services in collaboration with communities and families, with the goal of equitable, family-centered, culturally responsive supports for families. We have partnered with different counties within Washington and state leaders to ensure that we are leveraging opportunities to build a stronger system. All of the work in 2019 is laying the groundwork to invest in community-driven solutions in 2020. Best Starts for Kids is excited about our efforts under way to create stronger systems of support for all families across King County. In 2020, we will expand our focus on providing warm connections and easy access to resources in multiple languages for families through Help Me Grow. We will also continue to ensure more families receive high-quality, holistic and culturally relevant developmental screening and are connected to the appropriate resources early and often.



Photo: Erin Murphy

Photo: Erin Murphy



Photo: Erin Murphy

Developmental screening landscape analysis

Developmental screening is a foundational element of health and well-being for young children from birth through five years. Through Best Starts for Kids, King County communities are strengthening screening that identifies developmental delays early, when interventions for young children can have the most impact.

In 2019, Best Starts took a closer look at the landscape across King County, identifying where screening is readily available and where gaps exist. These data will guide future investments to the communities that need resources most. That means equitable access to developmental screening for all families — and culturally relevant services that are right for each family and child.

Developmental Promotion

Delivering impact \$6.5M invested in 2019 **61** community partners

Children reach developmental milestones in their own way and at their own pace. Best Starts provides a comprehensive approach through early screening, social emotional developmental support and resources for caregivers to ensure the well-being and development of children across King County. These programs remove barriers so that children receive the support they need and all families are able to celebrate developmental milestones with their kids.

In order to better understand what infant and early childhood mental health supports or services are needed in King County, Best Starts is engaged in understanding the landscape in King County, which will lead to a community-guided strategic plan. The landscape analysis will inform how we build and implement approaches to support the social emotional well-being of young children and their families across our communities.

2019 outcomes

- 183 professionals (doulas, home visitors, child care providers and others) increased their skills to conduct screenings, and 61 agencies added screening materials to their toolkits. 88 percent of these professionals reported increased confidence in their ability to discuss a developmental concern with a family.
- 9 Universal Developmental Screening Pilot Projects served children, families and providers representing 48 different race/ethnicity backgrounds and 39 languages. Services included training 339 community members; screening 1,466 children; and engaging 544 community members in translation and adaptation of two screening tools into 7 languages.
- 13 community-based organizations served 5,643 children and their families through the Early Support for Infants and Toddlers (ESIT) program which supports families whose children have developmental delays, focusing on children up to age three. Blended with federal and state funds, Best Starts' investment in ESIT has increased the number of children served by 44 percent since 2015.

Best Starts' investment in ESIT has increased the number of children served by **44 percent** since 2015.



Photo: Erin Murphy

Promoting social emotional well-being

Caregivers do not always know where to turn to receive appropriate resources and support to help them nurture the connection between the child and the caregiver. In response, Best Starts expanded access in 2019 to trainings on infant and early childhood mental health for providers working with young children. We also engaged 460 early learning providers in reflective consultation, offering skills and tools to provide the best possible services to families who face significant challenges and hardships. We will continue our work to ensure infants and young children receive the support they need, and that caregivers feel equipped with the skills and knowledge to support their relationship with young children.

Workforce Development

Delivering impact + building momentum \$542K invested in 2019 **14** collaborators

Professionals who work with children and their families do their best work when they feel supported with tools, resources and connection to a community. In 2019, Best Starts offered training opportunities open to all King County providers working with young children, focusing on themes ranging from racial equity to infant and early childhood social emotional wellbeing to healthy child development. **255 providers** attended one or more of these gatherings.

We also continued our cohort model, offering tailored peer learning opportunities to **11 workforce partners** consisting of early childhood educators, doulas, nurses and more. We continue to build out our offerings, creating spaces where providers can build partnerships and learn from one another. In 2019, the **Parent-Child Plus Program** made **88,069 visits** to **2,508 children** in **37 different languages**.

Home-Based Services

Delivering impact + building momentum \$8.53M invested in 2019 **42** community partners

Through home-based services, families with new babies gain access to home visitors — a nurse, a doula or a trained community member — who can be a resource for the family throughout the first years of a child's life. During this time, home visitors meet families at home or another safe space and offer a stable and trusted source of support. Home visitors develop relationships with multiple members of the family. They help families navigate the changes that come with a new baby and provide services that help the family nurture their child's development and maintain housing and other stability.

Home visiting is not one-size-fits-all. To ensure programs meet the needs of King County's communities, Best Starts for Kids balances funding across different types of evidence, including research evidence and communitydefined evidence. We are working to assure these home visiting models are culturally responsive and tailored to the communities where they are being practiced.

2019 outcomes

- 624 caregivers who spoke over 15 different languages, and 517 children received services through a range of evidence-based and evidenceinformed home visiting models.
- Through a partnership with United Way and the City of Seattle, Parent-Child Plus continued to deepen and expand its reach. The 17 funded programs made 88,069 visits to 2,508 children in 37 different languages. 84 percent of the families were matched with culturally relevant staff.
- 10 new community-designed home-based programs began implementation this year, with a focus on reaching communities of color. After just one quarter, they provided 320 families and caregivers and 308 children, 97 percent of whom are people of color, with 1,812 home visits.

Community-Based Parenting and Peer Supports

Delivering impact + building momentum \$3.27M invested in 2019 **35** community partners

Through Community-Based Parenting and Peer Supports, community-based agencies and organizations support families with everything from food to information on child development. These Best Starts investments are led by communities, which is especially important for sensitive services like support for breastfeeding and education and advocacy around maternal mortality. By standing behind these existing networks of support, King County helps to build on community strengths, providing tools and resources with which communities can care for their kids and families.

2019 outcomes

- 30,502 families and children accessed basic necessities, including diapers, clothes, baby formula and fresh fruits and vegetables. Among providers partnering with basic needs resource brokers,
 72 percent agreed that providing goods positively influenced their organization and program budgets.
- 13,739 families participated in Kaleidoscope Play and Learn groups, which give children the opportunity to engage in culturally and developmentally appropriate play and give parents and caregivers a place to come together for peer learning and mutual support. This reflects a 31 percent increase in participation over 2018.
- 9 new parent/caregiver information and support programs launched this year. After just four months, they provided 129 opportunities attended by 357 parents or caregivers to share, learn and support one another, peer to peer.
- 31 people across King County were trained to provide community-based Supportive Pregnancy Care, a group prenatal care and education program for moms-to-be throughout King County. 67 community-based breastfeeding peer counselors were trained from American Indian/Alaska Native, African American and Pacific Islander communities to provide culturally responsive peer supports.

Capacity building to improve services and operations

Many factors affect a program's ability to support King County families — from the capacity to collect and act on financial and program data to the systems within which the program operates. To better support Best Starts' partners in achieving their vision for communities, Home-Based Services and Parent/Caregiver Information and Support strategies enlisted capacity-building providers across the county. These specialists provide technical assistance, resources and coaching across the breadth of factors that lead to a program's success — and ultimately, a family's success — including:

- Developing well-defined, culturally responsive programs.
- Strengthening data systems and organizational capacity.
- Creating responsive systems.

Participating partners identified capacity-building support as a need — and have actively engaged in strengthening their organizations and programs.



Photo: Erin Murphy

Public Health Programs

Delivering impact \$9.4M invested in 2019

Public Health services are a cornerstone of support for families. As a core component of Best Starts' prenatalto-five strategies, we increased investments in King County's comprehensive approach to ensure families can access affordable and healthy food, reproductive health services and support with housing.

Managed by Public Health – Seattle & King County, these programs build on proven practices and community-based solutions to support healthy outcomes at all ages.

2019 outcomes

 More than 47,000 people purchased healthy, affordable food, including food for 33,775 infants and toddlers, through the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). Adoption of WIC electronic benefit cards and a WIC shopping App has reduced stigma and simplified utilizing this resource.

- 100 percent of the babies enrolled in the Perinatal Hepatitis B Prevention Program who were tested in 2019 were negative for hepatitis B. The program, which helps people with hepatitis B protect their newborns from infection, had a 10 percent increase over 2018 in the proportion of eligible infants who completed serology testing, ensuring at-risk infants are not infected and immune from hepatitis B.
- More than 802 families teamed up with registered nurses who regularly visit them at home to help them raise happy, healthy children. 98 percent of these families initiated breastfeeding with their infants.
- 5,573 people accessed sexual and reproductive health services through King County's Family Planning Program. 80 percent of family planning clients now use more effective contraception methods, leading to a total net savings of over \$5 million. Additionally, community-based health educators delivered 812 health education sessions.
- 14,719 pregnant women and infants received pregnancy and parenting support, and families received 2,575 linkages to health prevention support services.

 279 adults and children were linked to health services and housing through a program for families housed in shelters who have significant health needs. An increase in developmental screenings of children from 51 percent to more than 67 percent helped us connect children living without permanent housing to the appropriate services and supports.

Reducing exposure to toxics

Best Starts for Kids reduces the health and developmental impact of exposure to lead and other toxics on marginalized children by leveraging opportunities across multiple strategies:

- Preventing lead and toxics exposures among families and caregivers across
 8 language groups through our network of community partners.
- Increasing child blood-lead testing through partnerships with the healthcare system and free testing events.
- Improving access to early childhood developmental services for lead poisoned children.
- Reducing exposure by identifying current and emerging sources of lead and toxics in King County.

Vroom

Delivering impact \$113K invested in 2019 **2** community partners

"Una tortuga! A turtle!" Hands-on learning took a turn toward fun when kids met a large tortoise face to face after bilingual story time at the Woodland Park Zoo. A collaboration between Best Starts and the zoo supported this Vroom learning event for Latinx families to engage with the zoo's Creature Feature program.

Vroom turns brain-building science into simple, easy-touse tips that parents and caregivers can incorporate into everyday life. In 2019, Best Starts continued supporting Latinx and Somali communities in using Vroom as a resource to help families and caregivers better understand and incorporate what they learn about the brain development of young children. Latinx and Somali Vroom Community Connectors make the information accessible and relevant for families to develop their child's literacy, math and social skills.

Vroom is now used within all Best Starts for Kids strategies for young children, as well as in other settings in King County, to support families with children from birth to age five. Our approach is a model for how to use the tool at the state and national levels.

2019 outcomes

- **245 Latinx and Somali parents** were introduced to Vroom, and **56 leaders** from these communities were trained to be expert "Messengers" in using the tool.
- **73 percent of Vroom Messengers** use Vroom tools to engage with children and integrate Vroom into their daily interactions with children.



Photo: Erin Murphy

The [program] team is proud to share that there have been multiple cases of children remaining enrolled in their child care program, despite behaviors that are challenging for the program or other special needs. This is one of the major goals of [our program] and it is clear that without the consultation we have provided, some of these children would have been asked to leave.

- Child Care Health Consultation Partner



Photo: Erin Murphy

Child Care Health Consultation

Delivering impact \$2.76M invested in 2019 7 community partners

Child care professionals strive to provide the safest and healthiest setting for the children in their care — but they may not always know where to turn for recommendations and resources. Best Starts for Kids supported **7 community-based organizations** to provide Child Care Health Consultation services, putting the resources of nurses, nutritionists and child health specialists at the fingertips of both formal (child care centers) and informal (family, friends and neighbors) child care providers across King County.

In partnership with Kindering Center, we also engaged **274 racially and culturally diverse partners and community members** in developing recommendations, to be completed in December 2020, for establishing a countywide system of Child Care Health Consultation that is effective, accessible to all residents and inclusive of King County's many cultures, languages and abilities.

2019 outcomes

Child Care Health Consultation reached 1671
 providers, both at formal child care sites and informal sites where friends, families and neighbors are caregivers. This includes providers who received consultation services and attended trainings on topics such as: how to review health policies, records and plans for kids; supporting healthy practices

like handwashing; providing support on behavioral challenges and classroom management; and increasing child care provider confidence and competency.

• **77** percent of child care providers served by Child Care Health Consultation teams reported an increase in their ability to implement strategies that enhance the health and safety of the child care environment.

Innovation Fund

Delivering impact \$2.44M invested in 2019 **13** community partners and **2** technical assistance providers

The Best Starts for Kids Innovation Fund fuels innovation by kick-starting community-designed programs and approaches. The Innovation Fund supports projects that meet community-identified priorities and are designed with community voice. These innovations draw on the skills and strengths of the community itself to meet its unique needs.

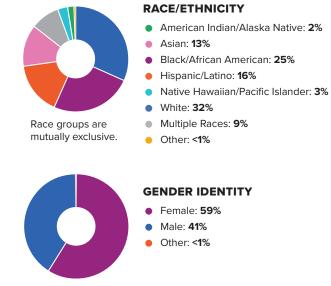
In 2019, Best Starts' **13 community partners** began putting innovative ideas into practice, reaching more than **275 people** through pilots and start-up efforts. From a collaborative midwifery care model to an intergenerational approach to yoga, storytelling and cultural navigation — these approaches are rethinking how communities can support families and caregivers with young children.

2019 outcomes

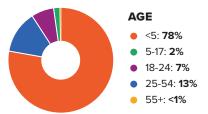
- Zeno Math partners with communities to codesign math education programs with the people that will use them. Best Starts is supporting Zeno in partnership with Horn of Africa Services to bring high-quality math education to the Oromo community, developing curricula for family child care providers that matches their language and culture. What Zeno learns from this experience will be groundbreaking for communities that do not have math education programs available in their language and designed through their cultural lens.
- The India Association of Western Washington removes barriers, both small and large, for King County's immigrant communities. Best Starts for Kids funds a number of programs supporting children and families, including Parent-Child Interactive Yoga and Peer Networking and Navigation. This integrated, comprehensive programming is in itself an important innovation — an intergenerational lunch where seniors sit side by side with young children bringing extended families together. Many of their programs focused on children under 5 are new, thanks to Best Starts for Kids.



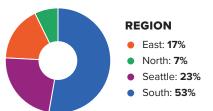
INVESTING EARLY 2019 DEMOGRAPHICS



Individuals who selected 'Other' indicated their gender identity was not listed in the response options. This includes but is not limited to persons identifying as transgender, nonbinary, questioning, and/or gender-nonconforming.



These data include children, parents and caregivers served.



People living outside of King County and those with unknown residence were not included in these percentages.

Data are provided only for individuals for whom information is available and relevant. Individuals who are enrolled in more than one program may be duplicated in the demographic data. Totals may not add up to 100% due to rounding.



Sustaining the gain

from kindergarten through college and career

As children grow into adolescents, teens and young adults, a seamless system of support can help them reach their fullest potential.

Best Starts for Kids sustains the gains made through early childhood investments by engaging young people — especially youth of color, immigrant and refugee youth, and young people who are otherwise marginalized by their identity or circumstances — to promote their health and wellbeing. With our community partners, Best Starts invites young people to be leaders in their own futures. And together, our momentum is growing.

In 2019, Best Starts investments in "Sustaining the gain" grew by almost \$10 million over 2018, with equal growth in the number of active programs, from 255 in 2018 to 289 in 2019. More than \$23 million in investments are **delivering impact** in King County communities right now, with another \$5 million **building momentum** toward impact in 2020 and beyond.

\$28.8M

total investments in 2019

289 new and continuing programs

IMPLEMENTATION STATUS IN 2019

Photo: Paul Israel, DNRP

--- \$23.46M

Delivering impact

---\$5.35M

Building momentum

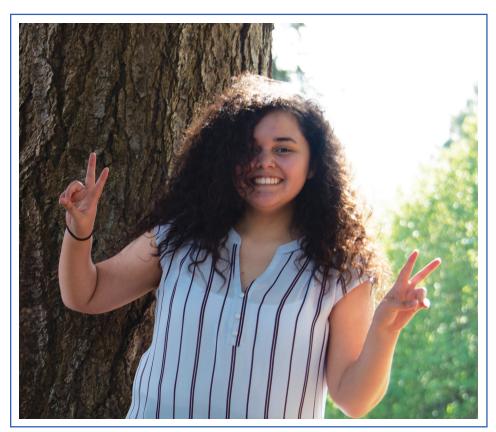
\$0

Laying the groundwork

See the Investment Index on page 32 for more information on Best Starts for Kids implementation status.

By sustaining early gains, Best Starts for Kids supports communities so that:

- Children learn math and reading skills that prepare them for a lifetime of success.
- Children and teens have the support to grow up curious, resilient and confident.
- Children and teens graduate high school with their peers and go on to college or a career.
- Children, teens and young adults are healthy and strong — and empowered to make healthy decisions about substance and alcohol use.
- Children grow into thriving teens, and teens grow into thriving adults.



Creating safe spaces for teens to realize their potential

Photo: Erin Murphy

Since age 13, Ashley has been going to the Den a program for teens offered through Maple Valley Community Center and enhanced with funding from Best Starts for Kids. Now a senior in high school, the Den has made a lasting impression on Ashley, both in terms of the relationships she's built with the staff and her peers and in helping her define how she envisions her future.

"The Den made me the person I am today. I am more confident with myself. I know how to talk to other teens and adults, and I'm not afraid to stand up for others."

The Den welcomes teens in with a huge mural on the wall that says "you belong here." It's a space free of judgment, where teens like Ashley feel accepted for who they are and for whatever struggles or challenges they are facing.

"We create a space for teens who often feel isolated to know that they are not alone," explains Angela Dodd, the Den's Director of Youth & Intervention Services. Angela, along with her colleagues, engages teens ages 12 through 18 years three days a week with programming that focuses on life skills and leadership opportunities. Through the Den, young people like Ashley can participate in Datewise, a peer educator program that trains teens to present at local high schools on healthy teen dating and how to recognize and prevent abuse.

"From basic money management skills like understanding the difference between a checking and savings account, to creating safe spaces to talk about dating violence, we provide opportunities for teens to be real about what they are dealing with today while preparing for the future," explains Angela.

The opportunity to volunteer and connect with the local community through the Den has been incredibly rewarding for Ashley, who proudly shares how she has "become passionate about helping others who have had a rough time in life." And while Ashley thrives on supporting others, she has become an inspiration to her community as well. As Angela shares, "I really admire Ashley's openness to everything and her willingness to help no matter what's going on in her life."

The Den will always hold a special place in my heart. The relationships I have built with others taught me so much about life.

As Ashley gets ready for the next chapter of her life, with plans to study criminal justice and forensic science, there's no doubt that giving back to her community will be a part of her future. The Den brings positivity into the lives of many teens, helping them grow into adults with a strong sense of community and belonging.

Youth Development

Delivering impact \$4M invested in 2019 **32** community partners

Young people today seek safe, supportive environments that create a sense of belonging, connection and purpose. Best Starts for Kids partners with schools and community-based organizations to invest in programs that offer these opportunities through mentoring, leadership, positive identity development and healthy relationships. Our community partners focus on engaging marginalized youth and young people who face challenging life experiences, offering a broad range of programs that open up new possibilities to develop skills, form lasting relationships and build their self-confidence. From the arts to music, STEM (science, technology, engineering and math), safe and healthy relationship classes, youth advocacy and civic engagement, the impact of these programs can shape a young person's life in formative ways.

In 2019, Best Starts supported community partners in creating Learning Circles where they network, share resources, receive technical assistance and support the field of youth development. By establishing partnerships with schools and with other youthserving organizations, we can better coordinate services and create an environment of collaboration and alignment that benefits all youth in King County.

2019 outcomes

- 5,867 young people, a 51 percent increase over 2018, engaged in culturally-appropriate programs supporting leadership, development and healthy relationships. In many instances, young people were part of co-creating curriculum, designing and facilitating workshops and elevating the voices of their peers.
- **25 community partners** expanded programming in 2019 with outreach efforts focused on reaching underserved racial and ethnic populations, rural communities, LGBTQ youth and youth with disabilities.

School Partnerships

Delivering impact + building momentum \$10.95M invested in 2019 **110+** school sites with **88** community partners

A school environment should promote the positive growth and development of every child or young person, regardless of their race, ability or family income. Best Starts strengthens school-based services and partnerships through a whole-child approach to ensure more students feel supported. We meet young people where they are — both in terms of where they spend a majority of time, and in how we tend to their overall health and social emotional well-being.

Through our investments in Trauma Informed and Restorative Practices in Schools, School Based Health Centers, Out of School Time and School Based Screening Brief Intervention and Referral To Services (School Based SBIRT), Best Starts builds on partnerships between schools, school districts, community-based organizations, young people and families to ensure students feel safe, supported and respected at school. Together, we promote trusting and consistent relationships and deliver high levels of support so students can achieve and lead.



Photo: Hannah Johnson

Through healing trauma, sharing knowledge and leadership training we are building the equitable educational opportunities all children need to reach their vast potential and live in their brilliance.

– Trauma Informed Restorative Practice Partner

2019 outcomes

- 32 partners, including schools, school districts and community-based organizations, are working with more than 55 schools in 10 school districts to implement innovative trauma-informed and restorative practices. These partnerships are driving transformative change and addressing systemic trauma and structural racism. Community-driven solutions address, repair, restore and support relationship-building among schools, districts, students and families. For programs working in these areas, 78 percent of youth reported an improvement in school climate and culture, and 79 percent feel more connected, valued and/or safe.
- Students in Bellevue, Renton and Vashon school districts made 6,749 visits to school-based health centers more than a 15 percent increase over 2018

 which offer confidential medical and mental health services on site at school. Thousands more students benefited from Best Starts' supplemental support to 15 additional school-based health centers. All sites enhanced students' engagement with the schools by encouraging activities such as attending PTSA meetings, collaborating with student council and celebrating cultural events.
- In the last four months of 2019, 1,555 children and youth participated in high-quality Out of School Time opportunities. 89 percent of our Out of School Time partners strengthened the quality of their program in one or more focus areas; and 82 percent met their goals or reported gains around youth-level outcomes such as strengthening social emotional learning and academic skills.
- 8,246 middle-school students were screened in
 12 school districts across King County using schoolbased screening, brief intervention and referral to services. Previously unknown needs of 1,427 students were identified through this screening. A newly implemented universal screening process meant that whole classrooms or entire grade levels are screened to promote health and well-being by giving students the opportunity to voice their concerns and find support early.

78 percent of youth reported an improvement in school climate and culture.



Photo: Paul Israel, DNRP

Family and Community Connections

Through the Healthy and Safe Environments, Family Engagement, and Adolescent Immunizations strategies, Best Starts for Kids connects families, educators, health professionals and others working to provide young people with health care, healthy food and safe and secure places to live, learn and play. With support from Best Starts, communities are changing policies, sharing skills and best practices and forging new collaborations that help kids and teens flourish.

Healthy and Safe Environments

Delivering impact + building momentum \$1.39M invested in 2019 19 community partners

Best Starts works with community partners to create healthy and safe environments for children, youth and families, with a focus on improving policies and practices to increase access to healthy food and physical activity; reduce exposure to unhealthy substances; and give communities the best chance to be safe and secure in their homes, work and places they spend time. In 2019, we continued our investment with **19 community partners** who in total created **21 organizational policy changes** and **47 systems-level changes** benefiting **439 unique environments**. Coordination among these efforts is helping to identify common interests, increasing the base of support for key issues and amplifying a more unified community voice. Overall, **260 partners** have successfully led projects affecting more than **77,224 youth and community members** across all nine districts of King County.

2019 outcomes

- Youth participating in Food Empowerment Education Sustainability Team's (FEEST) program worked with 33 sites and 19,000 students promoting healthy eating in Highline Public Schools creating and vetting recipes for weekly school menus. In working toward their systems change goals, youth in this program formed relationships with school board members who have made a commitment to meet quarterly (over lunch) with FEEST youth and other students.
- 386 youth at five interagency sites Seattle schools that engage students who need different support than comprehensive schools — increased their physical activity in a safe and healthy environment through Upower, which brings trauma-informed fitness to youth. A toolkit was developed to replicate Upower's unique program approach and disseminated to other school districts and community partners. Students have shown positive results, including increased school attendance and lower rates of conflict.
- 2,841 students attending two Snoqualmie Valley High Schools participated in a positive norm messaging campaign led by Snoqualmie Valley Community Network to address youth and family perceptions of drug and alcohol use.
- Vashon Youth and Family Services, in partnership with Vashon Be Prepared, provided expert consultation and training to three child care providers in the development of an emergency safety plan affecting more than **500 children** a year.

Adolescent Immunizations

Building momentum \$157K invested in 2019 1 community partner

The King County Child Health Improvement Partnership (KCHIP) works to ensure young people have access to quality health care so that they can grow into happy, healthy adults. KCHIP facilitates structured learning activities with pediatric health care professionals aimed at improving care within clinic settings while also bringing together key partners to address broader, systemic barriers to improving health care.

Immunizations are a vital part of preventive care and a priority focus area of this partnership. Adolescents, in particular, can often fall behind in recommended vaccinations. KCHIP is seeking to reduce missed opportunities to vaccinate youth by coordinating efforts across a cohort of clinics to support a comprehensive approach to increase immunization rates among young people in King County.

Family Engagement

Building momentum \$410K invested in 2019 **1** community partner

Trusted adults in a young person's life increase the likelihood that youth will experience academic success, get a job and make healthy choices. A consistent and supportive familial presence can especially make a difference for a young person during times of transition.

Best Starts recognizes that "family" is broadly defined as the people who care for youth and invests in programs that build positive family connections. In 2019, we partnered with Catholic Community Services to support **209 kinship caregivers** — grandparents or other family members — through kinship camp, support groups and other activities that provide ongoing family support to promote healthy relationships between youth and the familial adults in their lives.

Transitions to Adulthood

Delivering impact \$2.97M invested in 2019 **12** community partners

Thanks to leading employers headquartered in our region, King County offers incredible opportunities for young adults just beginning their careers. To ensure those opportunities are accessible to all young people, Best Starts expands access to education, job training and other services for youth and young adults to help them prepare for employment.

Communities leverage Best Starts to complement existing efforts that are helping young people with behavioral health services, peer support and programs focused on pathways to high school completion and

Enhanced support to community partners

Best Starts has engaged **8 capacity-building consultants** to provide technical assistance and support to community partners across Best Starts for Kids to strengthen their services and operations. Areas of support include organizational development, board development, equity and social justice, human resources, finance, legal support, marketing and IT. In November 2019, these capacity builders were matched with **76 organizations** that had identified high-priority needs to begin providing one-on-one coaching. Toward the end of 2019, we launched expanded capacity building support with **3 additional partners** in the area of data and evaluation and additional funding to support all collaborators in Communities of Opportunity.

The capacity builders are also on standby to offer immediate support for community partners who have emergent needs for improving their organizational infrastructure.



Photo: Rowaida Mohamed

post-secondary education. In 2019, Best Starts made additional investments in helping young people experiencing homelessness or housing instability gain and maintain employment through partnerships with Friends of Youth, YouthCare and Accelerator YMCA. When youth and young adults have what they need to transition successfully to adulthood, we all benefit.

2019 outcomes

- **93 young people** accessed behavioral health or other services offered at re-engagement sites across King County to help them maintain stability while they complete post-secondary education.
- 494 young people enrolled in work-training education programs, a 71 percent increase in enrollments over 2018. 77 percent who completed the program stayed in school, graduated or enrolled in higher education
- **317 young people** enrolled in employment programs that connected them with internship and employment opportunities.

Career Launch Pad

Career Launch Pad, a Transitions to Adulthood program which helps young people ages 16 to 24 gain employment and explore career paths, supported **75 young people** in 2019. More than half of the Career Launch Pad participants found employment after completing the program and nearly half were making more than Washington's minimum wage. 191 young people engaged with peer connectors from their communities who helped them connect with one of the County's more than 30 education and employment programs for young adults. More than 100 re-engaged with school or employment.

Stopping the School-to-Prison Pipeline

Delivering impact \$4.5M invested in 2019 **28** community partners

Through Best Starts for Kids, King County's communities are helping young people grow into their potential and pursue their aspirations. Our community partners support youth and young adults in King County who, as a result of systemic and institutional racism, are more likely to be excluded from higher education and employment and pushed into the criminal legal system. Equitable access to resources and partners who are trusted by the community to elevate and champion community voices and guidance provides young people pathways from school to life success.

2019 outcomes

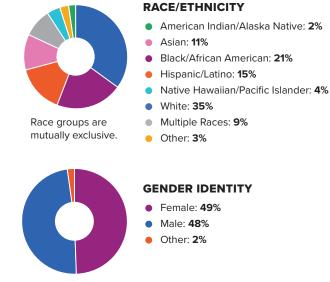
 1,086 young people — an 81 percent increase over 2018 — participated in services that help youth connect to resources, a healthy system of support for meeting their goals and advocates who can champion their voices. 84 percent of those who completed the program achieved one of their goals, such as increasing school attendance, improving academic performance or applying for and getting a job.

- **97 young people** participated in in-depth mentoring programs. These programs build dedicated, long-term relationships between youth who face systemic racism in the education and legal system and an adult who shares their life experience and can be both a role model and an advocate.
- 74 young people involved in the legal system accessed education and legal services through a partnership between Best Starts, the King County Prosecuting Attorney's Office Truancy Team, Neighborhood House, Reconnect to Opportunity and Youth Source — increasing the likelihood that they will remain in school and graduate into employment.
- **101 young people** participated in services that help connect youth to resources, a healthy system of support for meeting goals and advocates who can champion their voices.
- 45 young people participated in Theft 3 and Mall Safety (T3AMS), part of a pilot project at Westfield Southcenter. T3AMS directs young people who make the mistake of shoplifting into mentoring and other support and out of the legal system. As of 2019,
 63 percent of those who completed the program achieved a service plan goal.
- **40 young people** involved in the legal system participated in the Community Empowered Disposition Alternative and Resolution (CEDAR) program. Of those who have exited the program, **63 percent** received a recommendation for a reduction in charges or case dismissal.

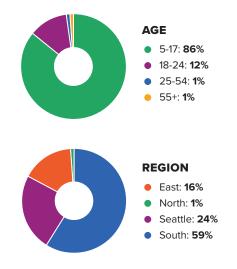
Stopping the School-to-Prison Pipeline creates space to heal and grow

Partners like Congolese Integration Network, with the collective support of Cham Refugees Community and Partners in Employment, bring community together to offer holistic support for young people, including teaching financial literacy and offering one-on-one trauma counseling. They create a space for young people to heal, embrace their worth and build the skills to live up to their fullest potential.

SUSTAINING THE GAIN 2019 DEMOGRAPHICS



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When students have the opportunity and ability to process their concerns and what they would like to see happen, it can transform their days into more positive experiences.

– School-Based SBIRT Partner

Communities matter

Communities matter if children, youth and families are going to be healthy and thrive.

Race, income and zip code are still major predictors of how healthy we are and even how long we live. Best Starts for Kids invests in Communities of Opportunity to promote greater health, social, economic and racial equity in King County so that all people thrive and prosper, regardless of race or place.

Communities of Opportunity is a network of residents, communities, decision-makers and funders who believe every community can be a healthy, safe and thriving community. Best Starts has furthered this effort knowing that the most meaningful, just and sustainable solutions are generated in partnership with people who are most affected by these inequities.

A unique community–public–private partnership funded jointly by Best Starts for Kids and Seattle Foundation, Communities of Opportunity is deepening our impact as we build on community-driven policy and systems change efforts that are transforming the health and well-being of King County residents.

COMMUNITIES MATTER 2019 OUTCOMES

3,129 capacity-building, community and workforce development events brought communities together.

Photo: Danielle Elliott

39,903

community members participated in partner events.

257 capacity building events focused on skill-building workshops and meetings to educate policy and decision-makers.

410

community members took on leadership positions within their communities.

new partnerships developed to support progress toward policy and/or systems change.

By investing in communities and tapping into their strengths:

- Relationships within communities are strengthened, which is critical for community well-being.
- Equity is integrated into policies at all levels: neighborhood, organizational, city, county and state.
- Children, youth and families have access to what they need to be healthy and strong.
- Community members have voice to shape solutions that affect them and can express it through civic engagement and leadership.
- Communities of Opportunity supports communities' power to influence the decisions that affect them most.

Building a place of hope, unity and belonging



Photo: Mel Ponders Photography

The White Center Community Development Association (WCCDA) has deep roots in the community, embodied in their ability to organize and implement community vision. "Our work is to elevate the voices of families and communities in White Center. We have the ability to build and hold relationships in a different way — relationships that are centered on an anti-racist, relational approach to systems change," says Sili Savusa.

"The story of the WCCDA is really about the community getting a sense of their own power."

A project for self-determination and community ownership, the White Center Community HUB shows that power coming to life. Led by the WCCDA, in partnership with Southwest Youth & Family Services, HealthPoint, Capitol Hill Housing and King County, the new building will provide valuable education, health and housing services while embracing White Center's cultural diversity and sense of community.

Communities of Opportunity supports the WCCDA in their community-building and trust-building work. That work has created a strong foundation for the HUB project throughout the early phases of planning and pre-development.

Designed in response to the identified priorities of White Center community members, the HUB development is envisioned to be a place of "Hope, Unity and Belonging," a place where working families can find affordable housing along with essential services that provide stability and create greater opportunity. The vision for the project includes the creation of 86 high-quality affordable homes and a place of learning, health and welcome where the community can connect.

The best way we know how to do this work is to make sure the community is our partner.

 — Sili Savusa, Executive Director of the White Center Community Development Association and resident of White Center.

The HUB will celebrate White Center's diversity through art, music and community-wide events and activities. A culturally relevant family resource center will offer alternative education classrooms, workforce training, small business incubation, youth development, integrated behavioral and physical health services and a community garden. It will serve as a home for the WCCDA and other White Center community-based organizations.

As the community works toward an expected groundbreaking in early 2022, the HUB incorporates the spirit of the vibrant, ethnically and culturally diverse community that is White Center, where two-thirds of the residents are people of color and almost one-third of the residents are immigrants/refugees. Acknowledging that the project is on the traditional land of the first people of Seattle, the Duwamish People past and present, the WCCDA and partners are working alongside tribal leadership to make that acknowledgement real in both the design and function of the building.

The leaders at WCCDA hold a unique role in their ability to organize and implement a community vision of physical and social spaces that affirm and strengthen the assets of all members in the community.

Communities of Opportunity

Delivering impact \$5.55M invested in 2019 110 collaborators

In 2019, Communities of Opportunity supported new and ongoing projects and efforts promoting leadership; influencing changes to institutions, systems and policies; and seating the base of power within communities, not outside them.

COO invested in **6 place-based partnerships**, in White Center, Rainier Valley, SeaTac and Tukwila, Kent, Seattle's Central District and the Snoqualmie Valley; and **3 culturally rooted partnerships** through the Comunidad Latina de Vashon, Transgender Economic Empowerment Coalition and the Seattle Urban Native Nonprofits. Additionally, we supported **27 organizations** focused on changes that lead to more equitable systems and policies.



2019 outcomes

- The first-ever community needs assessment
 of the Snoqualmie Valley was completed by a
 partnership between several nonprofits providing
 access to region-specific data. The Supportive
 Community for All coalition is using these data to
 develop new infrastructure and programs to connect
 residents across an expansive rural and urban area
 to networked social and health services and foster
 collaboration among providers.
- Church Council of Greater Seattle led the process of gathering input from residents in South King County to identify policy solutions to address affordable housing challenges. This effort led to passage of affordable housing policies in Burien, including Rental Licensing and Inspection and Just Cause Eviction, and the creation of a housing ombudsperson.
- The Food Innovation Network (FIN) increased opportunities for women, immigrants and refugee food entrepreneurs to launch businesses through the FIN incubator program. In addition to providing one-on-one training and technical assistance, FIN connects small businesses with catering orders and features businesses in the Taste Around the Globe booth at farmers markets.
- A Beautiful Safe Place for Youth's Corner Greeters and neighborhood intervention program held
 24 youth-led events and surveyed 271 community members for their views on public safety. A community- and youth-led approach coordinated by Rainier Beach Action Coalition and partners, this program addresses issues of community safety and building stronger and more connected neighborhoods.

Photo: Sharon Chang at the NW African-American Museum

Communities of Opportunity supports small businesses

In 2019, Communities of Opportunity addressed the growing challenge many King County communities face with displacement resulting from rapid development, which inequitably affects communities of color and low-income communities. Small businesses are integral to the economic fabric of King County, but rapid economic growth has threatened to displace these businesses. A new program is developing models and tools for small businesses, with a specific focus on neighborhood areas that are part of Communities of Opportunity. This Commercial Affordability Pilot Program will help to support a segment of our regional economy that is key to the vibrancy of our community and as places of employment.

Thanks to Communities of Opportunity, more adults are coming forward to be a part of the change that can be brought forth with the power of community. Being drawn in by the youth, they are taking on bigger roles in economic actions, idea creation and considering leverage points for systems change.

- Latino Community Fund (Comunidad Latina de Vashon)

Homelessness prevention

The best opportunity to end homelessness in King County is to prevent it.

Best Starts for Kids provides critical resources to help youth and their families who are at risk of homelessness stay housed, with long-term benefits for the strength and stability of our communities. Kids deserve stable homes and safe spaces to live, so they can grow, play and excel.

Over the course of the six-year Best Starts for Kids Levy, King County is investing \$19 million in homelessness prevention specifically for children, youth and their families. Together, we will work toward a healthy, thriving King County where no young person or family is at risk of housing instability and homelessness.

The most common reason families sought financial help was to pay rent so they could stay housed.

Photo: Eli Brownell

It takes only **\$1,900**, on average, to meet that need for support during a household's length of enrollment.

$9_{out of} 10$

households in the Youth and Family Homelessness Prevention Initiative do not enter the homelessness system while enrolled

71% of participants exiting the program remained in or were placed in permanent housing

92% of participants did not require homelessness services after 12 months from exiting to permanent housing

77% of households served were households of color

Overcoming barriers to a secure and stable home



Photo: Gervasio Sapriza

Jim Naisher and his extended family of seven are enjoying their new home in West Seattle. With support from Tamara, his case manager with Open Doors for Multicultural Families, Jim navigated what can often feel like insurmountable barriers to finding a stable living situation.

Originally from the Marshall Islands, Jim, his parents, his sister and her children experienced challenges ranging from chronic health issues, language barriers and financial instability — all of which contributed to their struggle with maintaining housing and employment. The Naisher family faced multiple evictions and spent a year and a half living in homeless shelters, where they eventually learned about Open Doors and connected with Tamara in 2018.

I want to tell my community, and everyone, that the journey we had to go through made us stronger.

The Youth and Family Homelessness Prevention Initiative (YFHPI) partners with organizations like Open Doors to make sure families like the Naisher family receive the help they need to find housing and are connected to services and resources so they can maintain it. According to Tamara, a lot of families aren't aware of all the resources that are available to them. Tamara helps make those connections. Intensive case management combined with flexible funding from Best Starts gives case managers like Tamara the ability to support families in many different ways.

After 16 months, despite tireless efforts, Tamara was growing more concerned about the Naisher family's ability to pay their rent. That's when the news came — they would be receiving a voucher for Section 8 housing.

Jim found the perfect house, working with Tamara to put everything into place for move-in day. "I want families to find housing that is a good fit — and that means working side-by-side to help families make decisions that are right for them."

In March, Jim and his family moved into their new home.

"There were so many moments where I almost gave up. We were so stressed out and at our breaking point. But Tamara kept telling us one day, everything will be ok, and now here we are."

It takes a community to create safety nets for so many families. For the Naisher family, their community became stronger with help from Open Doors for Multicultural Families.

Youth and Family Homelessness Prevention

Delivering impact \$3.5M invested in 2019 **24** community partners

The Youth and Family Homelessness Prevention Initiative, the first initiative funded by Best Starts for Kids, has been working for the past four years as part of a coordinated system to reduce the impact of homelessness on King County's youth by resolving housing crises before they result in housing loss. The initiative focuses on reaching communities that are home to the people at greatest risk.

In collaboration with diverse community partners, the Youth and Family Homelessness Prevention Initiative identifies the needs and gaps in support for families with children and young adults in crisis and intervenes quickly to assist with maintaining their housing. Case management from professionals who are integrating equity and social justice into their delivery of services, combined with flexible financial assistance where needed, helps to resolve immediate housing crises. Our services assist young people and families with young children in building the skills needed to sustain long-term housing, while working to create stronger systems to prevent the occurrence of homelessness.

2019 outcomes

- The Youth and Family Homelessness Prevention Initiative served 3,000 individuals in 2019 and a total of 9,226 individuals since the project began. More than half of those served were younger than 18 years. This support ranged from assisting with housing searches, to connecting to employment resources, language and cultural support, working directly with resolving conflicts with landlords and budgeting and housing stability planning.
- The Youth and Family Homelessness Prevention Initiative supports United Way of King County's Family Resource Exchanges, where households at risk of or experiencing homelessness have an opportunity to receive immediate connections to wrap-around services. The initiative also established a partnership with the Housing Justice Project and Home Base to provide legal support and financial assistance to households in the eviction process.

HOMELESSNESS PREVENTION 2019 DEMOGRAPHICS



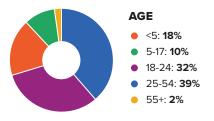


RACE/ETHNICITY

- American Indian/Alaska Native: **3%**
- Asian: 4%
- Black/African American: 52%
- Hispanic/Latino: **14**%
- Native Hawaiian/Pacific Islander: **4%**
- White: **14%**
- Multiple Races: 9%



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Data are provided only for individuals for whom information is available and relevant. Individuals who are enrolled in more than one program may be duplicated in the demographic data. Totals may not add up to 100% due to rounding.

Over three years, this initiative served more than **9,200 people**, including **2,550 families** and **620 unaccompanied youth**.



Over six years, Best Starts will invest more than \$400 million across four investment areas that promote health and well-being for King County's children, youth, families and communities. Responding to community input, Best Starts made multiyear investments in each strategy area. Below is an accounting of those multiyear commitments, as well as investment actualities in 2019.

Best Starts uses the following categories to assess the progress of King County's investments.

- Laying the groundwork: Internal work required to award funding and deliver services is under way.
- Building momentum: Awardees have contracts and are beginning their work; performance data are not yet available.
- Delivering impact: Awardees are actively delivering services; at least one-quarter of performance data from 2019 to report.

Investments, by investment area and strategy	Amount invested ¹	Years of investment	2019 budget	2019 expenditures
Invest early: Prenatal to 5 years	\$134,848,262	-	\$47,303,599	\$40,059,046
Help Me Grow	\$5,362,814	1/2016 - 12/2021	\$2,731,000	\$262,006
Developmental Promotion/Early Supports	\$20,483,463		\$7,211,432	\$6,491,393
Development Promotion	\$6,454,762	11/2018 - 10/2020	\$2,452,578	\$2,418,413
 Early Supports for Infants and Toddlers 	\$11,793,036	7/2016 - 6/2020	\$3,812,271	\$3,582,530
 Infant Mental Health System 	\$2,235,665	11/2018 - 12/2020	\$946,583	\$490,449
Workforce Development	\$4,074,690	11/2018 - 10/2021	\$1,399,042	\$541,647
Home-Based Services	\$18,559,119	_	\$10,795,993	\$8,525,699
Community-Designed Home-Based Programs and Practices	\$5,975,003	9/2018 - 3/2021	\$2,165,781	\$1,307,054
Evidence Based and Evidence Informed Home Visiting	\$16,153,719	1/2018 - 12/2020	\$6,224,812	\$6,217,248
Parent-Child Plus	\$2,111,794	1/2018 - 12/2019	\$2,111,794	\$915,129
 Capacity Building (for Home-Based programs only) 	\$293,606	7/2018 - 12/2019	\$293,606	\$86,268
Community-Based Parenting and Peer Supports	\$8,461,636	_	3,398,755	\$3,270,890
Basic Needs Resource Brokering	\$958,958	3/2018 - 2/2021	\$336,027	\$321,353
Kaleidoscope Play and Learn	\$1,195,680	7/2018 - 12/2020	\$427,836	\$412,979
 Parenting Caregiver Information and Support 	\$2,993,250	11/2018 - 5/2021	\$1,028,540	\$988,823
Prenatal Support Services and Breastfeeding Peer Counseling	\$3,313,748	11/2018 - 12/2021	\$1,606,352	\$1,547,735
Public Health Direct Service	\$52,450,248	-	\$9,943,000	\$9,397,953
Maternal and Child Health - PHSKC	\$51,603,248	1/2016 - 12/2021	\$9,657,000	\$9,060,881
 Perinatal Hepatitis B Prevention Program 	\$847,000	1/2017 - 12/2020	\$286,000	\$337,072
• Vroom	\$150,000	7/2018 - 6/2019	\$150,000	\$112,500
Child Care Health Consultation	\$6,920,063	5/2018 - 12/2020	\$2,771,670	\$2,762,372
Service Delivery	\$6,170,085	5/2018 - 12/2020	\$2,575,769	\$2,567,372
Systems Development	\$749,978	5/2018 - 12/2020	\$195,901	\$195,000
Innovation Fund	\$5,850,361	10/2018 - 12/2020	\$2,238,891	\$2,436,943
Prenatal to Five Direct Program Staff	\$7,408,849	1/2016 - 12/2019	\$3,631,345	\$3,439,384
Prenatal to Five Administration	\$5,127,019	1/2016 - 12/2019	\$3,032,471	\$2,818,259

Investments, by investment area and strategy	Amount invested ¹	Years of investment	2019 budget	2019 expenditures
Sustain the gain: 5 to 24 years	\$92,210,036	-	\$37,701,387	\$28,807,351
Youth Development ²	\$12,273,238	1/2018 - 12/2020	\$3,962,864	\$4,015,810
School Partnerships	\$43,353,683	8/2017 - 12/2020	\$15,222,694	\$10,950,364
Trauma-Informed and Restorative Practices in Schools	\$19,107,300	9/2017 - 8/2021	\$6,807,641	\$4,395,758
Timely Response to Adverse Childhood Experiences	\$438,276	2/2018 - 7/2019	\$280,862	\$181,362
School-Based Health Centers	\$8,753,270	9/2017 - 8/2020	\$1,363,343	\$1,386,331
Out of School Time	\$10,295,587	8/2017 - 12/2020	\$4,417,924	\$3,332,079
 Screening, Brief Intervention, and Referral to Services (SBIRT) 	\$4,759,250	10/2018 - 12/2020	\$2,352,924	\$1,654,834
Family and Community Connections	\$6,170,224	_	\$3,357,977	\$1,953,611
Healthy and Safe Environments	\$3,977,224	7/2017 - 12/2018	\$1,048,736	\$1,386,331
Adolescent Immunization Improvement Partnership	\$1,040,000	11/2017 - 10/2020	\$397,354	\$156,886
Family Engagement	\$1,153,000	9/2018 - 12/2021	\$1,911,887	\$410,394
Transitions to Adulthood	\$7,709,633	_	\$3,507,659	\$2,969,033
Helping Young Adults Transition to Adulthood	\$3,496,133	1/2018 - 12/2019	\$1,707,659	\$1,539,444
Clear Path to Employment	\$826,000	7/2017 - 6/2019	\$400,000	\$290,370
Career Launchpad	\$2,600,000	8/2018 - 12/2020	\$900,000	\$864,707
Peer Connectors Project	\$787,500	8/2018 - 12/2019	\$500,000	\$274,512
Stopping the School to Prison Pipeline	\$10,057,805	_	\$5,203,770	\$4,514,091
Community Supports and Outreach and Case Managements	\$6,891,618	2/2018 - 12/2020	\$3,749,918	\$3,716,116
Project SCOPE	\$479,137	6/2017 - 12/2018	\$299,658	\$160,000
 Theft 3 and Mall Safety Project (T3AMS) 	\$2,287,050	2/2017 - 12/2019	\$954,194	\$503,408
CEDAR Program	\$400,000	1/2019 - 12/2020	\$200,000	\$134,567
Five to 24 Direct Program Staff	\$4,759,214	1/2016 - 12/2019	\$2,487,063	\$2,270,201
Five to 24 Administration	\$4,281,653	1/2016 - 12/2019	\$1,799,304	\$1,518,673
Technical Assistance and Capacity Building (PN-5 & 5-24) ³	\$3,604,586	9/2017 - 12/2021	\$1,260,057	\$615,568
Communities matter	\$17,273,709	-	\$10,313,389	\$6,873,671
 Communities of Opportunity⁴ 	\$14,527,590	9/2017 - 12/31/2021	\$8,874,805	\$5,545,162
Place-Based & Cultural Community Partnerships	\$10,838,750	9/2017 - 12/2020	\$6,621,318	\$3,956,491
Systems & Policy Change	\$3,110,000	1/2018 - 3/2020	\$1,899,877	\$1,282,500
Learning Community	\$578,840	1/2019- 3/2020	\$353,609	\$306,171
Communities of Opportunity Direct Program Staff	\$1,924,735	1/2016 - 12/2019	\$1,070,859	\$968,651
Communities of Opportunity Administration	\$821,384	1/2016 - 12/2019	\$367,725	\$359,858
Homelessness prevention	\$19,758,115		\$4,705,000	\$3,775,323
• Youth and Family Homelessness Prevention Initiative (YFHPI)	\$19,000,000	10/2016 - 12/2021	\$4,138,000	\$3,537,323
YFHPI Direct Program Staff	\$758,115	6/2016 - 12/2019	\$567,000	\$238,000
Evaluation	\$8,785,891	10/2016 - 12/2021	\$4,733,433	\$4,343,336
	#070 076 0/6		\$40.4 7=0.000	400 0F0 707
Total Investment Through December 31, 2019	\$272,876,013	-	\$104,756,809	\$83,858,727

¹Amounts invested are already committed and contracted for multiple years
 ² Programs Include Mentoring, Youth Leadership, Positive Identity Development, and Healthy Relationships and DV Prevention
 ³ Technical Assistance and Capacity Building funding was blended with most service providers.
 ⁴ COO award recipients are listed in the supplement to the BSK annual report.

Best Starts for Kids is committed to evaluating all of our strategies and programs to ensure that we are moving toward our vision of happy, healthy, safe, and thriving kids.

Results Based Accountability (RBA)[©] is fundamental to Best Starts. RBA is a simple, common-sense framework that starts with the vision we are trying to achieve and works backward toward the strategies for getting there. The framework tracks the performance of Best Starts strategies, so that we know what is working, and what may need adapting, through three types of performance measures.

- · How much did we do?
- How well did we do it?
- Is anyone better off?

Best Starts for Kids has met with all funded partners to identify performance measures, as well as conduct data analyses with many partners.

Investments shown here are also categorized as "laying the groundwork," "building momentum," and/or "delivering impact," a reflection of both the young life and complexity of the initiative.

• Laying the groundwork

Internal work required to award funding and deliver services is underway, including hiring county staff, developing requests for proposal, running request for proposal processes, and finalizing contracts with awardees.

Building momentum

Awardees have contracts with King County and are beginning their work. The program may have started delivering services but performance data are not yet available.

Delivering impact

In this phase, the program is actively delivering services, and there are at least two-quarters or performance data from 2019 to report.

The highlighted programs and services throughout this report demonstrate the most significant strategy outcomes. The following section explains how these Best Starts for Kids outcomes are measured. 2019 reflects some programs in their early implementation stages and many programs fully delivering services.

Performance measures notes

When reviewing the following performance measure tables, it is important to note:

- Individuals may enroll in more than one BSK-funded program.
- BSK-funded programs often leverage funding from multiple sources.

Performance measures: 2019 modifications

Implementation and evaluation requires occasional modifications as information becomes available over time.

Investment area and strategy	Previous performance measure	Revised performance measure	Rationale
Investing early (prenatal - 5 years)			
 Ages and Stages Questionnaire (ASQ)/Ages and Stages Questionnaire: Social Emotional (ASQ-SE) Provider Training 	Percent of providers who reported feeling more prepared to administer the ASQ/ASQ-SE following the training	Percent of providers with increased confidence in their ability to explain why screening is important	Revised to better align with Workforce Development performance measures around Large Group training feedback
	Percent of providers who reported feeling prepared or very prepared to administer the ASQ/ASQ-SE	Percent of providers with increased confidence in their ability to discuss a developmental concern with a family	Revised to better align with Workforce Development performance measures around Large Group training feedback
 Public Health Direct Service: Nurse Family Partnership 	Developmental screening conducted at 14 months and 20 months	Developmental screening conducted at 18 months and 24 months	Ages and Stages Questionnaire tracking shifted in national program model
 Public Health Direct Service: Family Planning Services 	Number of unplanned preterm/low- birth-weight births prevented	Measure removed	No longer tracked or reported by Washington State Department of Health
Sustaining the gain (5-24 years)			
 Community Empowered Disposition Alternative and Resolution (CEDAR) 	Percent with 30 days or less between arraignment and Positive Achievement Change Tool (PACT) assessment	Percent of youth/young adults with 45 days or less between referral and case plan date	Adjusted to better align with program model
	Percent of eligible youth that receive accelerate plea offer, PACT, and case staffing (community-based intervention plan)	Percent of youth/young adults with 45 days or less between referral and case plan date	Adjusted to better align with program model
Mentoring	Percent receiving care management for three months or more	Percent of all enrolled youth/young adults who made progress towards their service plan in the most recent quarter of programming	Adjusted to better align with program model and other Stopping the School to Prison Pipeline providers
	Percent timely assessment	Percent of all enrolled youth/young adults who made progress towards their service plan in the most recent quarter of programming	Adjusted to better align with program model and other Stopping the School to Prison Pipeline providers
 Screening, Brief Intervention, and Referral to Services (SBIRT) 	Percent of Tier 2, 3 youth at screening who received at least 1 BI meeting	Percent of Tier 2 middle school students who received at least 1 Brief Intervention (BI) meeting	Separated Tier 2 and Tier 3 into two separate measures for clarity.
		Percent of Tier 3 middle school students who received at least 1 Brief Intervention (BI) meeting	
 Trauma-Informed and Restorative Practices (TIRP) 	_	Percent of participants who assess the program positively	Measure added to assess important element of TIRP programming.

Population indicators: Investing early (prenatal – 5 years)

Long-term population indicators and supporting indicators assess the well-begin of all children throughout King County.

		ŀ				
Indicator	Improvement direction expected	2014	2017	2018	2019 ¹	Data source ²
Headline indicators						
Babies with healthy birth outcomes:infant mortality rate ³	Decrease	4.3	3.3	not avail.	not avail.	VS
Babies with healthy birth outcomes: preterm birth	Decrease	8.9%	9.1%	8.9%	not avail.	VS
Children who are flourishing and resilient	Increase	not avail.	60%	not avail.	63%	BSKHS
Children who are ready for kindergarten ^{4,5}	Increase	42.3%	58.1%	57.1%	55.5%	OSPI
Child abuse or neglect rate ⁶	Decrease	31.2	32.3	32.6	32.2	CW
Secondary indicators						
Babies who meet breastfeeding recommendations to feed exclusively to 6 months	Increase	not avail.	38%	not avail.	40%	BSKHS
Pregnant women receive recommended prenatal care	Increase	71.6%	74.2%	72.8%	not avail.	VS
Families who are supported ⁴	Increase	not avail.	76%	not avail.	72%*	BSKHS
Children are healthy	Increase	not avail.	92%	not avail.	92%	BSKHS
Parents have knowledge of child development	Increase	not avail.	75%	not avail.	73%	BSKHS
Child care/preschools are high quality ⁴	Increase	not avail.	97%	not avail.	98%	BSKHS
Children receive recommended health and developmental screenings ⁴	Increase	not avail.	23%	not avail.	17%*	BSKHS
Children receive needed mental and behavioral health services	Increase	not avail.	57%	not avail.	65%	BSKHS
Reading and singing to children daily ⁴	Increase	not avail.	71%	not avail.	72%	BSKHS
Free from Adverse Childhood Experiences ⁴	Increase	not avail.	92%	not avail.	92%	BSKHS

Notes:

Latest available data presented for all years. Some surveys are conducted every other year.

¹ Changes between 2014 and 2019 are not statistically significant unless denoted with an asterisk (*).

² Data sources include:

BSKHS = Best Starts for Kids Health Survey, conducted in even years only

CW = child welfare data, via Partners for Our Children Child Well-being data portal

OSPI = Office of the Superintendent of Public Instruction

VS = vital statistics data, Washington State Department of Health.

³ Infant mortality is rate of deaths in the first year of life per 1,000 live births.

⁴ Components of safe, stable and nurturing relationships indicator.

⁵ Kindergarten readiness: trends cannot be assessed due to phased implementation rollout.

⁶ Child abuse or neglect data are rates of investigations and assessments per 1,000 households. Data for 2019 are through October 2019 only; latest available data.

Performance measures: Investing early (prenatal – 5 years)

nvestment area & strategy	How much did we do?		How well did we do it	?	Is anyone better off?		
Help Me Grow							
 Help Me Grow Washington/ WithinReach in King County ¹ 	Baseline number and type of barriers to services tracked for families served by Help Me Grow Washington/ WithinReach in King County	352	In development	*	In development		
	Baseline number and type of referrals completed by Help Me Grow Washington/ WithinReach in King County	2,271					
	Baseline number of caregivers/ children that were provided services by Help Me Grow Washington/ WithinReach in King County	2,697					
	Baseline number of changes to the resource directory in King County annually by Help Me Grow Washington/ WithinReach in King County	877					
	Baseline number of service linkages tracked for families served by Help Me Grow Washington/ WithinReach in King County	2,697					
	Baseline number of unduplicated caregivers served by Help Me Grow Washington/ WithinReach in King County	1,394					
	Baseline number of unduplicated children served by Help Me Grow Washington/ WithinReach in King County	1,303					
Help Me Grow	Number of Collaborators the Help Me Grow King County Core Team partnered back and forth with representing coalitions and organizations in different sectors	156	Percent of identified sectors engaged by Help Me Grow King County Core Team	63%	Percent expansion of resource directory to include child welfare, BSK, and other community- identified needs (in development)		
	Number of large community events/gatherings the Help Me Grow King County Core Team hosted or attended	27					
	Number of participants engaged through meetings/ gatherings the Help Me Grow King County Core Team hosted	445					
Developmental Promotion			l 				
Ages and Stages Questionnaire (ASQ)/ Ages and Stages Questionnaire: Social Emotional (ASQ-SE)	Number of providers trained to administer the ASQ and/or ASQ-SE	183	Percent of providers with increased confidence in their ability to discuss a developmental concern with a family	88%	Not Applicable		
Provider Training			Percent of providers with increased confidence in their ability to explain why screening is important	93%			

Inv	estment area & strategy	How much did we do?	2	How well did we do it?	,	Is anyone better off?		
D	evelopmental Promotion							
•	Developmental Screening: Language Access Pilots	Number of meeting participants	544	Percent of meetings that were culturally and linguistically reflective of communities served	93%	Percent of participants who indicated the final translation/adaptation was culturally relevant	97%	
		Number of meetings held to support tool translation/ adaptation	52			Percent of participants who rated final translation/ adaptation as a high quality product	99%	
•	Developmental Screening: Screening Pilots	Number of children screened	1,466	Percent of families offered screening who accepted it	69%	Percent of families who reported screening process was a positive experience	96%	
				Percent of screenings where person screening was a cultural/language match to child being screened	55%	Percent of families who were identified as needing a referral through screening and received that referral	88%	
•	Developmental Screening: Training Pilots	Number trained around developmental screening	339	Percent reporting increased knowledge around developmental screening	90%	Percent reporting increased confidence in using a developmental screening tool	88%	
•	Early Support for Infants and Toddlers (ESIT)	Number of children provided services	5,643	Percent of children with evaluation and service plan in place within 45 days from initial contact	90%	Percent of children with progress acquiring knowledge/skills	75%	
				Percent of children with service start within 30 days	98%	Percent of children with progress in positive social/ emotional development	74 %	
				Percent of children with transition meeting at least 90 days prior to child turning 3 to determine eligibility for school services	91 %	Percent of children with progress in taking action to meet needs	76 %	
•	Infant and Early Childhood Mental Health Endorsement (IECMH)	Number of providers who initiated the endorsement process	21	Percent of grantees who reported the endorsement process was responsive to their needs and experiences	*	Percent of grantees who reported an increase in confidence in their role as an IECMH provider	*	
						Percent of grantees who experienced career benefits after earning their endorsement	*	
•	Infant and Early Childhood Mental Health Reflective Consultation	Number of reflective consultants	17	Percent of participants who reported that reflective consultation was respectful of their community's needs and experiences	*	Percent of participants who reported an increase in awareness of their own implicit biases as a result of participating in reflective consultation		
		Number of reflective consultation participants	460	Percent of participants who reported that reflective consultation encouraged them to further reflect on their practices		Percent of participants who reported being more empathetic in their relationships with children and families as a result of participating in reflective consultation		

Implementation status:

Laying the groundwork
Building momentum
Delivering impact

nvestment area & strategy	How much did we do?		How well did we do it?		Is anyone better off?
Workforce Development					
Capacity Building	Number of Best Starts learning community meetings for trainers and reflective consultants	6	Percent of trainers/ reflective consultants who reported receiving a high level of support from systems coordinators	*	Percent of trainers/ reflective consultants who reported making a positive change to their training or reflective consultation practice as a result of participation in this Best Starts strategy
Large Group Trainings	Number of large group trainings	8	Percent of participants who reported training content was meaningful to their work with children and families	*	Percent of participants who reported an increase in knowledge related to equity as a result of the training
	Number of providers who participated in one or more large group trainings (duplicated)	314	Percent of participants who reported the training considered equity related to participants' diverse needs and experiences	*	Percent of participants who reported an increase in knowledge related to the promotion of infant and early childhood mental health (IECMH) as a result of the training (only reported for IECMH trainings)
	Number of providers who participated in one or more large group trainings (unduplicated)	255			Percent of participants who reported confidence in their ability to apply something new they learned from the training to their work
	Number of trainers	15			
Workforce Collaboratives	Number of providers who were members of a workforce collaborative	29	Percent of members who reported the training content met a need of their Workforce Collaborative	*	Percent of members who reported increased confidence that they have the skills to help families support their child's development as a result of the Workforce Collaborative
					Percent of members who reported they have been able to apply learnings from the Workforce Collaborative to their work
					Percent of members who reported increased peer support as a result of their Workforce Collaborative
Home-Based Services					
Community Designed	Number of children served	308	Percent of children receiving developmental services (in development)	*	Percent of families with in- creased protective factors (in development)
	Number of families/caregivers served	320	Percent of families satisfied with services (in development)	*	Percent of mothers with positive birth outcomes (in development)
	Number of group services completed	37			
	Number of home visits completed	1,812			

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nvestment area & strategy	How much did we do	?	How well did we do it?		Is anyone better off?		
Home-Based Services							
Community Designed (continued)	Number of service hours delivered	1,021					
	Number of service referrals completed	41					
	Number of staff trained	67					
 Evidence-Based/ Evidence-Informed 	Number of caregivers served	624	Percent of caregivers who received an observation of caregiver-child interaction using a validated tool	65%	Percent of caregivers who show greater positive interaction with children than at baseline	21%	
	Number of children served	517	Percent of children with a timely screen for developmental delays using ASQ	62 %	Percent of families connected to services based on a referral	74%	
	Number of families served	472	Percent of enrolled clients that received the model recommended number of home visits during the report period	74%	Percent of mothers who initiated breastfeeding	78%	
			Percent of families enrolled from focus populations	72 %			
Parent Child Plus	Number of children served by Parent Child Plus	2,508	Percent of Parent Child Plus families matched with culturally relevant staff	84%	Percent of children with positive parent behavior scores at baseline year ¹	29%	
	Number of families served by Parent Child Plus	2,508			Percent of children with positive parent behavior scores at end of year ¹	49 %	
	Number of visits completed by Parent Child Plus	88,069			Percent of children with positive parent behavior scores at end of year ²	78%	
Community-Based Peer and	d Parenting Support						
 Basic Needs Resources: Food 	Number of families receiving Good Food Bags	2,591	Percent of survey respondents who rate overall experience with Good Food Bags as excellent	98%	Percent of survey respondents who report eating more fruits and vegetables	80%	
	Number of Good Food Bags distributed	15,451	Percent of survey respondents who report being food insecure in the past 12 months	93%	Percent of survey respondents who report positive effects of Good Food Bags for their children	40%	
	Number of sites participating in Good Food Bag program	54	Percent of survey respondents who report usually using all fruits and vegetables in Good Food Bag	74%			
			Percent of survey respondents who think program is a good way to increase healthy food access	92%			

nvestment area & strategy	How much did we do?		How well did we do it	if	Is anyone better off?	
Community-Based Peer and	Parenting Support					
Basic Needs Resources: Goods	Number of children and youth for whom partners request and receive resources	27,911	Number of individual 3 , items/ products distributed in King County	098,216	Percent of provider partners who agreed or strongly agreed that the provided goods has helped to reduce the number of missed client visits	49%
	Number of different types of program sites requesting and receiving resources	268	Percent of items/products distributed to South Region zip codes	29%	Percent of provider partners who agreed or strongly agreed that the provided goods has kept clients in their program longer	45%
	Number of households for whom partners request and receive resources	11,451	Percent of partner agencies sustaining partnership with resource broker over one year	96%	Percent of provider partners who agreed or strongly agreed that the provided goods increased communication by clients between scheduled visits	79%
	Number of provider partner agencies, programs, and program sites requesting and receiving resources	536	Percent of requested items distributed	99%	Percent of provider partners who agreed or strongly agreed that the provided goods positively influenced their organization and program budgets	72%
 Kaleidoscope Play and Learn 	Unduplicated number of children, parents, and caregivers attending Kaleidoscope Play & Learn Groups	13,739	Percent increase in access (number of groups available) in Kaleidoscope Play & Learn Groups	27%	Percent of parents and caregivers who feel more supported as a parent or caregiver in their community	90%
			Percent increase in participation (number of people attending) in Kaleidoscope Play & Learn Groups	23%	Percent of parents and caregivers who increased understanding of their role in helping the child in their care be ready for kindergarten	80%
					Percent of parents and caregivers who read, look at books, or tell stories more often with the child in their care	80%
 Parent/Caregiver Information and Support 	Number of families served	244	Percent of participants satisfied with services (in development)	*	Percent of families with increased protective factors (in development)	*
	Number of group meetings/ services held	129				
	Number of parents/caregivers served	218				
 Perinatal/Breastfeeding Peer Counseling 	Number of completed Breastfeeding Peer Counseling trainings	2	In development	*	In development	*
	Number of organizations that received infrastructure development and capacity building support from Open Arms Perinatal Services	4				

(continued on next page)

vestment area & strategy	How much did we do?		How well did we do it	:?	Is anyone better of	ff?
ommunity-Based Peer and	Parenting Support					
Perinatal/Breastfeeding Peer Counseling (continued)	Number of people trained in Breastfeeding Peer Counseling	67				
	Number of people trained in the March of Dimes Supportive Pregnancy Care Model	31				
	Number of Perinatal Collaborative members that participated in community outreach events	7				
ublic Health Programs						
Special Supplemental Nutrition Program for	Number of clients receiving WIC	47,119	Number of nutrition education services	*	Total food dollars for fresh fruits and vegetables	\$1. millior
Women, Infants and Children (WIC)			Number of referrals to preventive services	*	Total food dollars for WIC farmers market nutrition program	\$14,932
					Total food dollars redeemed	\$16.6 millior
Perinatal Hepatitis B Prevention Program	Number of infants completing postvaccination serology testing	192	Percent of women enrolled before delivery	95%	Number of infants completing postexposure prophylaxis (PEP)	150
	Number of outreach sessions held with partners	16	Percent of women identified through enhanced lab reporting	66%	Percent of infants completing postexposure prophylaxis (PEP)	89 %
	Number of women enrolled	187	Percent of infants completing postvaccination serology testing	85%	Percent of infants who tested negative for hepatitis B	100%
	Number of women enrolled before delivery	177				
	Number of women identified through enhanced lab reporting	123				
Nurse Family Partnership	Number of children served by NFP	711	Average visit length (hr)	1	Birth outcomes: low birth weight (<2500 grams)	11%
	Number of pregnant women and mothers served by NFP	306	Number of attempted visits to the mother	446	Birth outcomes: preterm birth	11 %
			Number of completed visits to the mother	8,624	Child health and development outcomes: child hospitalized 1+ times for injury or ingestion (among children 0-6) ²	(
			Number of telephone calls to the mother	410	Child health and development outcomes: child visited emergency room 1+ times for injury or ingestion (among children 0-6 months)	
			Number of visits to the mother cancelled by the client	446	Child health and development outcomes: child visited urgent care 1+ times for injury or ingestion (among children 0-6 months)	1

(continued on next page)

Implementation status:

Laying the groundwork
Building momentum
Delivering impact

nv	estment area & strategy	How much did we do	: 	How well did we do it	:	Is anyone better off?	
Ρι	ublic Health Programs						
	Nurse Family Partnership (continued)			Number of visits to the mother cancelled by the nurse	*	Child health and development outcomes: current with immunizations	100%
				Average number of referrals to other assistance (service linkages)	7	Child health and development outcomes: developmental screening	90%
				Total number of referrals to other assistance (service linkages)	4,129	Child health and development outcomes: initiated breastfeeding	98%
				Total visit contact time (hr)	*	Child health and development outcomes: number of children who may need further evaluation	0%
	Family Planning Education	Number of clients reached through direct education & outreach to youth	21,833	Health education trainers "created an effective learning environment"	99%	Training participants increase skills	97%
		Number of direct education sessions and outreach activities	812				
		Number of technical assistance & professional development services clients	2,200				
		Number of technical assistance & professional development services sessions	113				
		Number of youth-servicing professional clients reached	2,200				
	Family Planning Services	Number of clients served by Family Planning Services	5,573	Percent of clients on a more effective contraceptive method ²	80%	Number of abortions prevented ²	320
				Percent of contraceptive users ²	86%	Number of chlamydia infections prevented	80
						Number of unintended pregnancies prevented ²	940
						Number of unplanned births prevented ²	440
						Total dollars of net\$5,0savings2	25,420
	Maternal Support Services/Infant Case Management	Number of clients served by MSS/ICM	14,719	Number of linkages to ancillary support services	2,575	King County low birthweight (<2500 grams)	7%
		Visits delivered by MSS/ICM	34,521	Percent of total MSS/ICM provided by Public Health	*	MSS clients low birthweight (<2500 grams)	8.8%
	Kids Plus	Number of adults served by Kids Plus	108	Percent of children receiving a developmental screening or linked to early	67%	Number of children and adults in permanent housing/positive destination	57%
		Number of children served by Kids Plus	171	intervention (children 6 or younger)			
		Number of clients (adults and children) served by Kids Plus	279				
		Number of households served by Kids Plus	79				

vestment area & strategy	How much did we do?	,	How well did we do it?	?	Is anyone better off?	
Vroom						
Community Connectors	Number of Latinx and Somali parents introduced to Vroom as a result of outreach and engagement	245	Percent of Latinx and Somali partners reached who became Vroom Messengers	35%	Percent of Vroom Messengers or Parents integrating Vroom into existing programs that reach parents and caregivers	34%
	Number of Latinx and Somali participants in outreach events, engagement activities, and trainings	160	Percent of Vroom Messengers or Parents who have a positive perception of Vroom	94%	Percent of Vroom Messengers or Parents integrating Vroom into their everyday work	72%
	Number of outreach events led by Latinx and Somali Vroom Community Connectors	39			Percent of Vroom Messengers or Parents using the Vroom tools to engage with children	73%
					Percent of Vroom Messengers or Parents who report Vroom increases their focus on early brain development when working with parents	47 %
Childcare Health Consultati	on					
Service Delivery	Number of child care sites served by Childcare Health Consultation teams	871	Percent of child care providers and administrative staff served by CCHC teams that are satisfied with the services they received	98%	Percent of child care providers served by CCHC teams that report an increase in their ability to implement strategies that enhance the health and safety of the child care environment	77%
	Number of children receiving child care from child care providers served by Childcare Health Consultation teams.	11,980			Percent of child care providers served by CCHC teams that report increased knowledge of community resources	99%
	Number of child care providers served by Childcare Health Consultation teams	1,671			Percent of child care providers served by CCHC teams that report increased knowledge of consultation and training topics	93%
	Number of services provided by Childcare Health Consultation teams	3,171				
System Development	Number of action items identified for early win and LEAN projects	30	Percent of participants who speak a language other than English	35%	Percent of participants who rate experience highly	95%
	Number of child care system development engagement activities	41				
	Number of participants in engagement activities	274				
	Number of recommendations identified through engagement activities and shared with stakeholders	7				

Investment area & strategy	How much did we do?		How well did we	How well did we do it?		Is anyone better off?	
Innovation Fund							
 Innovation Fund 	Number of people who participated in and/ or received one of the innovation strategies	275	In development	*	In development	*	
	Number of people who helped to design or deliver one or more of the innovation strategies	232					

* Not measured in 2019.

¹ The data were provided by HMG WA/Within Reach to serve as a baseline for Help Me Grow King County. These services were not funded by Best Starts for Kids.

 $^{\rm 2}\,$ Change in Statewide methodology between 2018 and 2019.

2019 Investing early program changes, successes, and challenges reported by partners

Best Starts for Kids asks all partners to answer a standard set of open-ended questions in addition to providing performance measure data. This helps us understand the stories behind the numbers. These questions are analyzed through a rigorous process to identify common themes for each question. Below are the most common themes we heard in 2019 along with quotes that illustrate each theme:

Theme	Partner Highlight
What <u>changes</u> have you m	nade to your program or organization to better serve children, youth, families, or communities?
Expanding programs to increase impact	"We have expanded our program capacity to reach new early childhood education providers in Burien, Sea-Tac, Tukwila , and the Southcenter/Orillia neighborhood. We chose these areas because they are typically underserved communities and consultation services in those areas have not been readily available." -Child Care Health Consultation Partner
Making programs more culturally relevant	"A key element of this success is focused on [our] commitment to diversity, equity, and inclusion. We have strengthened our hiring practices to acutely focus on recruiting staff from communities of color by participating in community recruitment fairs and events-based recruitment, as active members on the state's efforts to recruit more diverse candidates in early intervention, and by hiring an HR manager who is a person of color."
Increasing staffing for programs	"The hiring of 15 new doulas has allowed us to expand our services to more clients, increase our language capacity and ability to make cultural matches. These doulas are supported through our new mentorship program and have excelled through this more structured connection to experienced doulas." -Home-Based Services Partner
What is something you fee	el was a great <u>success</u> or help to accomplishing your program goals?
Supporting youth and families in achieving positive outcomes	"we conducted our first [program] group and that happened at [organization], which is a short-term shelter for families experiencing homelessness. I think it's a success because it worked, we could show up, we could deliver the curriculum, parents were there, and the families that are living there are facing many challenges, stressors and barriers, and so just the fact that we were able to run a group and do the full ten weeks was a success." -Innovation Fund Partner
Making programs more culturally relevant	"In order to achieve our goals: "SUPPORT, INVOLVE, ENJOY", 3 elements have been included during the parent-child time: interactive activities, parent educational workshop, support group and/or cultural/ festival events. For example we had "Dragon Boat Festival" to help the children to know about the Chinese traditional culture and to develop an appreciation of their bi-cultural identity through the preservation of their cultural heritage; we also had Parent group to share their questions and concerns about child development, and to share their interests/ talents with other parents." -Home-Based Services Partner
Identifying and recruiting new program participants	"Parents are referring other parents! This speaks to their trust in the program and in our organizations to work well with their friends and family members. Many families are also asking to have their children re-screened again because they had such a positive experience with the first screening and learned so much about their child's development. Last parent gathering in June- it was even better attended and new parents came." -Developmental Promotion Pilot Partner
Making programs more equitable	"We were able to hire a bilingual coordinator. We are now able to serve this population of providers more efficiently and more importantly build more meaningful relationships with them. They have access to and can utilize the language they feel comfortable in to communicate with us and we are able to provide both written and verbal materials to them in order to support their process." -Workforce Development Partner
What is something you fee	el was a major <u>challenge</u> or barrier to accomplishing your program goals?
Recruiting, retaining, and developing staff	"We are working closely with the broader organization in tackling the barriers/struggles each staff faces and address their needs. [Organization name] is developing a more competitive benefit packages. We have struggled to find and keep qualified candidates to fill the positions, with a culture and language match." -Home-Based Services Partner
Delivering program activities due to logistical issues	"The challenge is that how to make our group trainings more accessible to the grandparents. Most of the grandparents couldn't attend our workshops due to the transportation issue. Our clients spread all over King County. But there are only several families in one area." -Child Care Health Consultation Partner
Timing of programming and lack of time	"the challenge is that when we do that work, especially around ceremony and spirituality and our elders, it's almost like we're not on our own timeline at that point in time. We're on the timeline of time in a different sense, so things happen when they happen and they take as long as they need." -Innovation Fund Partner
What is something your or	ganization did to make progress toward changing a policy, system, or environment as a result of your Best Starts program?
Looking at systems in new ways to achieve outcomes	"We have had childcare providers that report back to us that they incorporate Vroom into their lesson plans. It is great to see the parents, care givers and child care providers are using and benefiting from Vroom." -Vroom Community Connector
Changing organizational or community policies and procedures	"We are contributing to the drafting of a joint memorandum in support of our COFA communities [Compact of Free Association, including Micronesia, the Marshall Islands, and Palau] to restore health care benefits and access to resources. [Organization name] has also formed a partnership with local community leaders and government entities to support the revision and negotiations of the COFA Health bill." -Developmental Promotion Pilot Partner
Making programs more equitable	"As mentioned, the picture survey of preferred produce was implemented and tallied. The results were shared with a number of the small immigrant and refugee farmers in King County Then, we worked together to project the amount of bags we would share with the community, and assisted the farmers in creating crop plans for the 2019 growing season. We have been purchasing the majority of our produce from them this year, helping to grow and sustain their local businesses while providing vegetables and fruit that the community prefers most." -Community-Based Peer and Parenting Supports Partner

Population indicators: Sustaining the gain (5 – 24 years)

Long-term population indicators and supporting indicators assess the well-begin of all children throughout King County.

			King County	populatior	1	
Indicator	Improvement direction expected	2014	2017	2018 ¹	2019 ¹	Data source ²
Headline indicators						
3rd graders who meet reading standard	Increase	61.7%	62.7%	65.5%	63.5%	OSPI
4th graders who meet math standard	Increase	63.9%	65.2%	64.2%	62.5%	OSPI
Youth who are flourishing and resilient	Increase	not avail.	29%	not avail.	29%	BSKHS
Youth and young adults who are in excellent or very good health	Increase	not avail.	87%	not avail.	86%	BSKHS
Youth who graduate from high school on-time	Increase	79.0%	80.5%	82.2%	87.4%*	OSPI
Youth and young adults in school or working	Increase	89%	93%	93%*	not avail.	ACS
High school graduates who earn a college degree		R	ange acros	s KC district	s:	ERDC
High school graduates who earn a college degree or career credential ³	Increase	high: 77% Iow: 37%	high: 78% Iow: 38%	not avail.	not avail.	
Youth not using illegal substances	Increase	75%	7 6% ⁴	76%	not avail.	HYS
Lowering the rate of adolescent births	Decrease	4.7	2.7	2.3*	not avail.	VS
	harmon	75%	75 % ⁴	74%	not avail.	HYS
Youth have supportive adults	Increase	not avail.	84%	not avail.	86%	BSKHS
Youth boliova in their ability to succeed	Incroaco	48%	49 % ⁴	not avail.⁵	not avail.	HYS
Youth believe in their ability to succeed	Increase	—	_	53%	not avail.	HYS
Secondary indicators						
Youth are not chronically absent from school	Increase	86.5%	84.9%	85.7%	not avail.5	OSPI
Youth are getting good grades in school	Increase	79%	80%4	81%*	not avail.	HYS
Youth are completing 9th grade	Increase	73.6%	79.4%	79.7%	78.0%	OSPI
Youth feel safe at school	Increase	87%	86% ⁴	83%*	not avail.	HYS
Youth have strong school relationships	Increase	52%	53% ⁴	49%*	not avail.	HYS
Young adults participate in civic activity and are engaged	Increase	53%	43%	75%	49%	KC Elections
Youth are not justice system involved (number of filings) ⁶	Decrease	1,746	1,278	1,213	1,033	JIMS
Youth have positive social-emotional development	Increase	not avail.	72%	not avail.	76%	BSKHS
Youth are not suspended/expelled from school	Increase	3.1%	2.3%	2.5%	2.7%	OSPI
Youth are physically active	Increase	22%	21 % ⁴	19%*	not avail.	HYS
Youth live in supportive neighborhoods ⁷	Increase	not avail.	49%	not avail.	51%	BSKHS

Notes:

Latest available data presented for all years. Some surveys are conducted every other year. Data year listed for academic data reflects academic year.

¹ Changes between 2014 and 2018 or between 2014 and 2019 are not statistically significant unless denoted with an asterisk (*).

² Data sources include:

ACS = US Census Bureau, American Community Survey

BSKHS = Best Starts for Kids Health Survey, conducted in even years only

ERDC = Washington State Education Research Data Center

HYS = Healthy Youth Survey, conducted in even years only JIMS = Juvenile Information Management System

OSPI = Office of the Superintendent of Public Instruction

VS = vital statistics data, Department of Health

³ 2014 data show percent of graduates of the class of 2006 who have earned credentials by 2014 and 2017 data shows rate of credentials earned by class of 2009. Data are available at only the statewide and school district level; King County value shows the range for school districts within King County.

⁴ 2016 data; survey only conducted in even years.

⁵ No longer asked on survey or reported. Survey question on youth belief in their ability to succeed changed between 2016 and 2018.

⁶ Number denotes counts of filings per year.

⁷ Reflects all ages from 6 months through 5th grade.

2019 Performance measures: Sustaining the gain (5 – 24 years)

nvestment area & strategy	How much did we do?		How well did we do it?		Is anyone better off?	
Youth Development						
Youth Development General	Number of youth/young adults enrolled	4,121	Percent of youth/young adults who completed services (services with start/ end date)	72%	Percent of youth/young adults who feel hopeful and optimistic in the future, based on at least a one- unit increase on the Youth Development Executives of King County Future Orientation Scale between program enrollment and exit	63%
			Percent of youth/young adults who engaged in programming in the most recent quarter (ongoing, long term services)	49 %		
Youth Development Relationships	Number of youth/young adults enrolled	1,746	Percent of youth/young adults who completed services (services with start/ end date)	100%	Percent of youth/young adults with improved knowledge or skills related to healthy relationships	49
			Percent of youth/young adults who engaged in programming in the most recent quarter (ongoing, long term services)	26%		
School Partnerships						
 Trauma-informed Restorative Practices¹ 	Number of people participating in TIRP programs	4,834	Percent of participants who adopted trauma-informed practices/behavior	82%	Percent of participants reporting improved school climate and culture	78
	Number of TIRP events or sessions for youth, teachers/ school staff, and parents	1,892	Percent of participants who assess the program positively	74%	Percent of students with improved attendance	94
			Percent of participants who feel more connected, valued and/or safe	79 %	Percent of youth with strengthened sense of self, identity and empowerment	67
			Percent of participants who increased their competencies, knowledge or skills	82 %		
School-Based Health Centers (SBHC)	Number of SBHC visits for medical and mental health services	6,749	Percent of SBHC users who received a standardized risk assessment ²	26%	Percent of SBHC users who are passing all classes ³	75
	Number of students who used SBHC medical and mental health services	1,181	Percent of SBHC users with depression receiving mental health counseling ²	26%	Percent of SBHC users with less than 10 absences per school year ³	40
			Percent of SBHC users with drug/alcohol issues receiving a brief intervention and/or referral ²	17 %		
Out-of-School Time (OST)	Number of youth served by program ²	1,555	Percent of OST awardees participating in quality supports ⁴	97%	Percent of OST awardees meeting goals or reporting gains around youth-level outcomes ⁵	82
	Average number of youth served daily ²	937			Percent of OST awardees who improved in one or more of their goals around social-emotional learning staff practices ⁵	89

nvestment area & strategy	How much did we do	?	How well did we do it?		Is anyone better off?	
School Partnerships						
 Screening, Brief Intervention and Referral to Treatment (SB-SBIRT) 	Number of middle school students referred to services or resources ²	770	Number referrals provided with a status of "connected" ²	504	Percent of interventionists reporting improvements in SB-SBIRT Learning Competencies ⁵	71%
	Number of students whose caregivers opted them out of SB-SBIRT or did not opt-in ²	447	Percent of Tier 2 middle school students who received at least 1 Brief Intervention (BI) meeting ²	76%		
	Number of youth screened at SB-SBIRT middle schools ²	5,987	Percent of Tier 3 middle school students who received at least 1 Brief Intervention (BI) meeting ²	91%		
	Number of youth who received at least 1 Brief Intervention (BI) meeting ²	2,470				
	Percent of participating school districts that participated in all Learning Collaborative meetings ⁵	50%				
Healthy and Safe Environm	ents					
 Healthy and Safe Environments 	Number of people trained	3,302	Number of connections made or strengthened	260	Number of people who are potentially better off from new or improved policies or environments	77,224
	Number of trainings, workshops	195	Number of systems and environments improved	486	Number of policies changed	21
Adolescent Immunization						
Child Health Improvement Partnership	Number of clinics participating in a learning collaborative	4	Completion rates for trainings and quality improvement support	*	Adolescent immunization completion (HEDIS measure)	*
	Number of adolescent patients of clinics participating in the learning collaborative	11,000	Percent of participants who felt their participation made a difference for their practice	*	Percent of practices' eligible patients who have initiated HPV vaccination	*
	Number of group trainings provided	5			Percent of practices' eligible patients who have completed HPV vaccination	*
					Rate of missed opportunities in participating practices	*
					Tdap vaccination rate among practices' adolescent patients	*
					MCV vaccination rate among practices' adolescent patients	*

Investment area & strategy	How much did we do?		How well did we do it?		Is anyone better off?	
Family Engagement						
 Family Support and Engagement 	Number of caregivers enrolled	209	Percent of caregivers who felt the kinship services improved their situation "a lot" ⁶	38%	Percent of caregivers who felt their familiarity with resources "improved a lot" as a result of their contact with kinship services ⁶	41 %
			Percent of caregivers who rated staff's sensitivity to their culture as "good" or "excellent" ⁶	96%		
Transitions to Adulthood						
 Behavioral Health in Re-engagement Centers 	Number of youth/young adults screened	93	Percent of youth/young adults with an individual service plan within 30 days of enrolling in the program	36%	Percent of youth/young adults with reduced substance use and/ or clinically improved depression and anxiety	55%
			Percent of youth/young adults making progress toward their service plan in the most recent quarter of programming	27%		
 Career Launch Pad 	Number of youth/young adults enrolled	75	Percent of youth/young adults who completed job readiness training	59%	Percent of youth/young adults making \$13 or more per hour	71 %
					Percent of youth/young adults placed into employment	60%
Clear Path to Employment	Number of youth/young adults enrolled	181	Number of youth/young adults who completed pre- employment activities	83	Number of youth/ young adults placed into unsubsidized employment at program completion	68
			Number of youth/ young adults completing subsidized employment	27		
Peer Connectors	Number of youth/young adults referred to the program	191	Percent of youth/young adults who re-engaged in school or employment	56%		
 Work Training Education 	Number of youth/young adults enrolled	494	Percent of youth/young adults assessed within 30 days of enrollment	76%	Percent of youth/young adults who enroll into college or advanced training upon completing the program	44%
					Percent of youth/young adults who stay in school or graduate upon completing the program	34%
 Work Training Employment 	Number of youth/young adults enrolled	61	Percent of youth/young adults gaining employment who make \$20 or more per hour	94%	Percent of youth/young adults gaining employment or entering postsecondary education upon program completion	31%
			Percent of youth/young adults who completed job readiness training	84%		

Implementation status:

Laying the groundwork
Building momentum
Delivering impact

Investment area & strategy	How much did we do	?	How well did we do it?		Is anyone better off?	
Stopping the School-to-Priso	n Pipeline					
 Community Empowered Disposition Alternative and Resolution (CEDAR) 	adults referred to the	118	Percent of youth/young adults with 45 days or less between referral and case plan date	15%	Percent of youth/young adults with a lower disposition recommendation upon exiting the program	64%
	Number of youth/young adults enrolled	40				
Community Supports	Number of youth/young adults enrolled	1,086	Percent of enrolled youth/ young adults who were assessed within three sessions after enrollment	87%	Percent of youth/young adults achieving goal upon program completion	84%
			Percent of enrolled youth/ young adults with a service plan within six sessions after enrollment	95%		
Credible Messengers ⁷	No contract in 2019	*	No contract in 2019	*	No contract in 2019	*
Mentoring ⁸	Number of youth/young adults enrolled	97	Percent of all enrolled youth/young adults who made progress towards their service plan in the most recent quarter of programming	97 %		
 Outreach and Case Management⁸ 	Number of new youth/young adults contacted through outreach services	142	Percent of all enrolled youth/young adults who made progress towards their service plan in the most recent quarter of programming	32%		
	Number of youth/young adults enrolled	101				
Project SCOPE	Number of youth/young adults enrolled	74	Number of youth/young adults making progress toward their High School Diploma or GED in the most recent quarter of programming	5	Number of youth/ young adults completing internships or summer program placements	14
			Number of youth/young adults placed in an internship or summer program	14	Number of youth/young adults gaining employment and/or attending college at program completion	0
 Theft 3 and Mall Safety 	Number of youth/young adults contacted through outreach services	97	Percent of all enrolled youth/young adults who made progress towards their service plan in the most recent quarter of programming	100%	Percent of youth/young adults who achieved a service plan goal upon exit	63%
	Number of youth/young adults offered outreach services that subsequently enrolled in the program	45				

* Not measured in 2019.

¹ Data cover most recent reporting period, Aug - Dec 2019.

² Data cover most recent reporting period, Sept-Dec 2019.

³ Data cover Aug 16, 2018 – Aug 15, 2019.

⁴ Data cover Jan-Dec 2019.

⁵ Data cover Jan-June 2019 academic year.

⁶ Not all caregivers in the program participated in the survey. Responses come from approximately 35% of caregivers.

⁷ No contract in 2019.

⁸ Contracts ended Quarter 3, 2019.

Implementation status:

Laying the groundwork
Building momentum
Delivering impact

2019 Sustaining the gain program changes, successes, and challenges reported by partners

Best Starts for Kids asks all partners to answer a standard set of open-ended questions in addition to providing performance measure data. This helps us understand the stories behind the numbers. These questions are analyzed through a rigorous process to identify common themes for each question. Below are the most common themes we heard in 2019 along with quotes that illustrate each theme:

Theme	Partner Highlight
What <u>changes</u> have you ma	de to your program or organization to better serve children, youth, families, or communities?
Expanding programs to increase impact	"With the increased allocations for elementary [School-Based Health Centers], the program was able to boost mental health FTE by one additional day at three sites The additional coverage allowed providers to serve additional caseload students as well as better integrate with the school's systems and interventions, allowing for enhanced coordination and wraparound services." -School-Based Health Centers Partner
Improving program implementation	"With all the community training and building, we were able to grow and deepen the curriculum and content such as trauma- informed storytelling, circle keeping, [and] community-based accountability work We have been learning how to better engage community from a place that recognizes that the skill, experience, and wisdom already exists in community - and our role is to cultivate a container for that resource to bloom." -Youth Development Partner
Increasing staffing for programs	"We have hired two [staff] to respond to an increase in referrals The people that we hire are advocates in the juvenile and adult courts helping young people stay out of the same prison industrial complex that staff themselves have been impacted by. Many of our staff normally would not be able to make a decent living wage, let alone work in this field, due to their criminal history and the trauma they've lived through. But we know and prioritize the fact that those closest to the problem are closest to solutions." -Stopping the School-to-Prison Pipeline Partner
What is something you feel	was a great success or help to accomplishing your program goals?
Supporting clients in achieving positive outcomes	"We were able to successfully enroll youth onto the caseload and support them in finding subsidized and un-subsidized employment opportunities Through a combination of [our program] and referrals from case managers, our career coordinators have been able to connect with young people throughout the agency. Once connected, they are able to support youth one-on-one, refer them to our employment programs to gain experience, and work with our employment specialist to find internship and employment opportunities that help them obtain un-subsidized employment." -Transitions to Adulthood Partner
Partnering with organizations working toward similar goals	"[An organization] that provides educational services and therapies contacted [us] requesting to provide a training to their staff so they can better serve the immigrant families that participate in their programs The workshop included topics such as sanctuary cities, sensitive locations, [and] emergency safety planning. After the training, the participants expressed their interest in having [our organization's] technical advice to implement internal policies and procedures to protect the immigrant families they serve." -Healthy and Safe Environments Partner
Making programs more equitable	"Students started planning for their social justice campaign; they chose to focus on disproportionate discipline in education. They created the hashtag #Don'tDisciplineMyMelanin. This campaign is intended to shine a light on disproportionate discipline practices and implementation in schools. Research shows that Black and Brown students are being disciplined at higher rates and receiving harsher punishments compared to their white counterparts." -Trauma-Informed and Restorative Practices Partner
What is something you feel	was a major challenge or barrier to accomplishing your program goals?
Delivering program activities due to logistical issues	"[We] are forced to rely on program staff to transport our students to and from our program. This takes away from time that could be spent planning, entering data, and providing quality programming. Additionally, having a full-time van driver would expand the geographic area that we could provide transportation for, extending our range and helping us move with many of our families as they experience the effects of gentrification." -Stopping the School-to-Prison Pipeline Partner
Recruiting, retaining, and developing staff	"Expansion of services has led to additional strains on staff capacity. This is an ever-present reality in nonprofit work. Our youth leadership group attendance has suffered in particular due to lack of staff presence when other emergent needs came up. This is the primary reason we created the [new] position." -Youth Development Partner
Timing of programming and lack of time	"The biggest hurdle our team faces are the competing demands and limited time During times of overlapping recruitment efforts, practice onboarding, steering committee meetings, learning collaborative cohort meetings, and management meetings, the team can feel stretched thin The limited time from the team to manage and develop the program limits the ability to redesign and adapt curriculum and tools on a continual basis to prepare for new content areas or for scalability." -Adolescent Immunization Partner
What is something your org	anization did to make progress toward changing a policy, system, or environment as a result of your Best Starts program?
Looking at systems in new ways to achieve outcomes	"[We launched] a community resource that captures and maintains critical data on Washington's youth-serving programs. From youth and staff demographics to funding streams and program content—this data shows us who's being served and where gaps exist. These big-picture insights help providers use data to target and improve service delivery and measure impact over time." -Out of School Time Partner
Changing organizational or community policies and procedures	"We developed a program for restorative practices to mitigate school sanctioned absences that was implemented second semester and has been presented to the school district to run next year in all district middle schools. This program will essentially reduce the amount of time students are out of school due to long-term suspensions and follows a procedure to help students reintegrate back into the classroom upon return to school." -Trauma-Informed and Restorative Practices Partner
Changing organizational or community climate, culture, or physical spaces	"We are part of the [King County Open Space Equity Cabinet] that promotes safe and healthy environments. At our Community Health Fair we had our youth get involved in physical activity, such as basketball, jumping rope and Frisbee. We are combating unhealthy housing and building quality by informing the community about their lead skills and potential lead exposure and promoting safe cleaning habits." -Healthy and Safe Environments Partner

communities
& cultural
~
Place-based
indicators:
population
000

					Original	place-bas	Original place-based partnerships	erships		
	Improvement	King County average	inty Je	Rainier Valley	er	SeaTac/ Tukwila	ac/ /ila	White Center	ite ter	
Indicator	expected	2014	20181	2014	20181	2014	20181	2014	20181	Data source ²
Health										
Self-reported health: good to excellent (percent)	Increase	87.8	88.0	81.0	85.4	82.2	87.6	81.4	75.2	BRFSS
Eating fruits/veg. 4+ times/day in youth (percent)	Increase	24.6	20.6*	19.8	18.0	24.1	19.5	16.0	15.2	HYS ³
Housing										
Households paying less than 30% of income for housing (percent)	Increase	61.8	64.7*	53.0	60.8*	51.6	55.4	50.5	56.7	ACS
Households paying less than 50% of income for housing (percent)	Increase	83.7	83.8*	77.1	78.9	79.8	81.4	75.0	78.4	ACS
Residential Migration (percent of residents who moved out during the year) ⁴	N/A	6.2	4.9	6.2	4.9	6.2	4.9	7.1	5.2	APCD ⁵
Economic Opportunity										
Households with income below 200% of FPL (percent)	Decrease	24.4	20.7*	40.1	30.3	46.7	35.7*	46.5	35.1	ACS
Employed/in civilian labor force (percent)	Increase	92.8	95.5*	89.8	93.5*	89.5	93.9*	89.7	94.5	ACS
Youth age 16-24 in School/Employed (percent)	Increase	88.5	91.9*	88.1	95.9*	80.6	88.2	80.6	88.2	PUMS
Community Connection										
Adolescents with an adult they can talk with (percent)	Increase	74.9	74.4	65.6	63.5	63.0	65.9	49.4	65.5*	HYS ³
COO Composite										
Composite of eight indicators ⁶	Decrease	104.9	96.6	118.9	104.2	152.8	129.1	162.1	135.9	Multiple
								(c	ontinued	(continued on next page)

Original place-based partnerships

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New place-based and cultural communities

-						•								
	Improvement	King C ave	King County average	Central Seattle	tral ttle	Kent	Ŧ	Snoqualmie/ North Bend/ Skykomish	lmie/ end/ nish	Latino in (South KC)	kC)	American Indian/ Alaska Native	ican an/ Native	
Indicator	expected	2017	20181	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	Data source ²
Health											-			
Self-reported health: good to excellent (percent)	Increase	88.0	88.0	85.0	87.1	83.1	82.7	88.1	88.7	73.3	72.5	76.2	75.9	BRFSS
Eating fruits/veg. 4+ times/day in youth (percent)	Increase	22.8	20.6*	23.1	17.8	21.5	18.5	20.7	23.1	19.7	17.9	26.7	27.0	HΥS ³
Housing														
Households paying less than 30% of income for housing (percent)	Increase	65.4	64.7*	63.5	61.4	59.6	59.9	72.5	72.4	52.6	54.8	61.3	62.6	ACS
Households paying less than 50% of income for housing (percent)	Increase	85.4	83.8*	83.7	81.0	82.9	82.0	89.6	89.2	81.4	81.7	79.2	79.2	ACS
Residential Migration (percent of residents who moved out during the year) 4	N/A	5.3	4.9	8.2	7.2	4.9	4.6	4.5	4.3	N/A	N/A	N/A	N/A	APCD [§]
Economic Opportunity														
Households with income below 200% of FPL (percent)	Decrease	22.0	20.7*	27.2	26.9	33.2	32.7	9.8	9.2	49.1	45.3	40.7	38.9	ACS
Employed/in civilian labor force (percent)	Increase	95.0	95.5*	95.7	95.4	93.5	94.1	96.1	96.2	94.8	95.7	92.1	92.2	ACS
Youth age 16–24 in School/Employed (percent)	Increase	91.2	91.9*	93.5	95.9	87.8	88.7	90.0	91.7	86.6	87.7	79.5	79.4	PUMS
Community Connection														
Adolescents with an adult they can talk with (percent)	Increase	75.4	74.4	75.0	75.3	70.8	68.2	77.9	80.3	62.4	58.9	69.4	71.4	HΥS ³
COO Composite														
Composite of eight indicators ⁶	Decrease	99.4	96.6	94.4	94.5	132.2	130.9	97.3	95.6	148.1	144.6	177.7	175.6	Multiple
Notes:				¹ A ste	itistically si	gnificant o	:hange (p	:.05) from	014 to 20	18 or from	2017 to 2	018 is der	noted with a	¹ A statistically significant change (p<.05) from 2014 to 2018 or from 2017 to 2018 is denoted with an asterisk (*).
Key changes to indicators in this year's report include the replacement of health indicators from the 2018 BSK annual report (life expectancy and leisure-time physical activity) with two new indicators (self-reported health and estimo fruits/venetables). Residential micration has been added as a new indicator.	t of health indicators 1 vith two new indicator	rom the 2C s (self-repo	18 rted	² Data BRF9 Svct	² Data sources include: BRFSS = Washington	nclude: ngton Sta	te Departr	nent of He	alth, Cente	er for Heal	th Statistic	cs, Behavid	Data sources include: BRFSS = Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Su Surtices currents of increases for Discret Control and Devication Concerning Association	Data sources include: BRFSS = Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance Surtism construct is not by the Center for Disease Central and Brytonition Constraints Areconstate
2014 is the baseline year for the original place-based partnerships, which began in 2015; 2017 is the baseline	ich began in 2015; 20	17 is the bá	aseline	SYH SYH	= Washing	ton State	Healthy Y	Hystern, supported in part by the Center's for prices. HYS = Washington State Healthy Yourvey.					auve Ayle	

Dave 2014 is the baseline year for the original place-based partnerships, which began in 2015; 2017 i year for the new place-based and cultural community partnerships, which were added in 2018. Baseline data for 2014 and 2017 in this report may differ from the 2018 Best Starts for Kids annual report due to a number of changes: programming algorithm modification based on the most recent ACS API, a change in the geography for Rainier Valley, and use of single-year vs. two-year combined data for the Healthy Youth Survey. Two transposing errors in the COO composite have also been corrected and updated.

Additional information and data from the COO evaluation will be available in a separate COO evaluation report, to be available at www.coopartnerships.org.

ACS = American Community Survey. U.S. Census Bureau. APCD = All Payer Claims Database, Washington State Health Care Authority. PUMS = The American Community Survey Public Use Microdata Sample (PUMS) files. U.S. Census Bureau.

³ 2016 data are presented for the 2017 column (HYS is administered on even years).

mean of neighborhood outmigration. Formula: Number of moves out of a neighborhood in a year/total amount of defined as changing zip codes in a given year within Washington state. King County average is the weighted ⁴ Residential migration is standardized for the amount of time a person spent in an area that year. A move is person time observed in that neighborhood.

⁵ 2015 estimates are provided due to APCD data limitations in 2014.

⁶ The composite is the sum of eight indicators included in the composite used to select COO's original geog-raphies. The composite includes life expectancy at birth, rates of obesity, smoking, diabetes, frequent mental distress, unemployment, 2+ poor housing conditions, and living below 200% FPL.

2019 Performance measures: Communities of Opportunity

Investment area & strategy	How much did we	do?	How well did we do it?		Is anyone better off?	
Communities Matter						
 Communities of Opportunity (COO) 	Number of events that COO partners held or participated in ¹	3,129	Resident leaders developed through COO ³	410	New partnerships developed in progress toward policy and/or systems change	77
	Number of people participating in COO events ²	39,903	-		New relationships or connections made in progress toward policy and/or systems change	324
					Number of policies changed	7
					People hired into jobs as a result of COO activities	376

¹ Capacity-building events include workshops, trainings, seminars, and other learning or skills building opportunities. Community events include volunteering, community organizing, celebrations, mentoring, and civic engagement activities like town hall meetings.

² Number of people participating may include duplicates across events.

³ Adult and youth community leaders are residents who are supported by COO partner organizations to participate in work groups, boards, school leadership, organization, as issue experts, or are supported in their roles as community liaisons or mentors.

2019 Performance measures: Youth and Family Homelessness Prevention Initiative

Investment area & strategy	How much did we	do?	How well did we d	lo it?	Is anyone better off?	
Youth & Family Homelessn	ess Prevention Initiative					
 Youth & Family Homelessness Prevention Initiative 	Number of households enrolled in Preventions	1,890	The amount of financial assistance households received to help with past rent	\$1,836,930	Percent of households who enrolled in Preventions and stayed in stable housing	90%
	Number of individuals enrolled in Preventions	5,174	The average amount of financial assistance a household received	\$1,975		

Funding awards—active in 2019

All BSK Annual Reports are required to include a chart with information on any awards to date since the last reporting cycle made under Communities of Opportunity (COO). In accordance with the requirements of the BSK Implementation Plan, this funding chart provides the name of each award recipient, the amount of the award, a description of the work for which the award was granted, and the source of the award. With respect to the award source, if public funds are blended with any other fund source, then a break-down of the multiple sources and amounts is also included.

Place-based partnership awards

January 1, 2019 - December 31, 2020

		Funding source		
Awardee	Total award	Best Starts for Kids	Seattle Foundation	
Rainier Valley Partnership	\$1,915,649	\$1,915,649		

Description: The **Rainier Valley Partnership** includes more than 70 groups working collaboratively in four coalitions. The main strategies for 2019-2020 are to address crime rates in Rainier Beach through the Rainier Beach Action Coalition Corner Greeters program; operate a neighborhood Farm Stand in Rainier Beach in partnership with immigrant and cultural communities in Seattle; implement Phase II of the Graham Street Equitable Transit Oriented Development project; increase the availability of shared programming and advance capital campaign development for eight cultural anchors; train Othello residents on methods to address environmental causes of violent crime; increase access to nutrition education through the Othello Farm Stand (Beet Box); and support program integration across capital campaign coordination for Othello Square (a multi-use community center with housing, healthcare, education, small business).

Partners: HomeSight, HOSTED, Multicultural Community Coalition, On Board Othello, Rainier Beach Action Coalition, South Communities Organizing for Racial/Regional Equity, Puget Sound Sage, The Beet Box

Searac - Tukwila Community Coalition	\$723,345	\$723,345				
Description: SeaTac-Tukwila Community Coalition is focused on empowering communities and developing local leaders around health,						
housing and economic opportunity and extending more opportunities for community leaders to engage in issues of education, cultural						
leadership, policy and systems change and community building. Their wo	rk focuses on health a	and affordable food ac	cess, supporting			
emerging food businesses, workforce development training and support	areas, further develop	ment of a cultural foo	d hall in the			
Tukwila Village and the placement of immigrant and refugees in sustainal	ole, living wage jobs, a	and further work to add	dress the specific			
challenges facing SeaTac/Tukwila communities affected by displacement.	Community partners i	in the coalition suppor	t business and job			
creation recreating jobs through developing a food business incubation p	program, food security	, and creation on a pile	ot kitchen incubator			
program; and works with residents to obtain direct employment or job tra	ining and pre-apprent	iceships.				

Partners: Global to Local, Congolese Integration Network, Food Innovation Network, Partner in Employment, Somali Health Board, Somali Youth & Family Club

White Center Partnership	\$1,325,838	\$1,325,838	
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Description: The **White Center Partnership's** vision for success centers on creating a strong and vibrant community led by voices of residents and families. The goals for White Center include access to healthy food for all residents and community; leadership development of community including youth, ultimately obtaining leadership and decision making roles in systems and institutions; increased capacity for culturally relevant systems reform to better meet the needs of communities of color; strengthening community mobilizing and/or organizing for systems change in housing, health, economic development and community building; and addressing institutionalized racism and removing barriers to allow access to services and supports that communities need by working directly to influence policy change at these respective levels. Partners are working on the development of affordable housing and a community HUB, engaging community in a Healthy Food Roundtable, and addressing employment needs of residents.

Partners: White Center Community Development Association, FEEST, Southwest Youth & Family Services, Trusted Advocates, Village of Hope, Yes! Foundation of White Center, YWCA

Note: Public funds are not used to undertake any prohibited activities.

¹ SeaTac-Tukwila Community Coalition funding award period: January 1, 2019-December 31, 2020

Community partnership awards: Place-based and cultural communities

May 1, 2018 - April 30, 2020

		Funding source	
Awardee	Total award	Best Starts for Kids	Seattle Foundation
Kent Community Development Collaborative	\$550,000	\$550,000	

Description: The **Kent Community Development Collaborative (KCDC)** ensures the health and well-being of all residents of Kent by focusing on those with the greatest disparities. KCDC is working to ensure Kent residents have access to fresh, healthy, nutritious food, and access to affordable, safe housing. KCDC is working to increase active participation in decisions that shape the community as well as opportunities for living wage jobs and locally owned businesses.

Partners: Community Network Council, Living Well Kent, Coalition for Refugees from Burma, Mother Africa, Communities in Schools of Kent, Iraqi Community Center, Somali Youth and Family Club, Being Empowered Through Supportive Transitions, Centro Rendu/St. Vincent DePaul

A Supportive Community for All	\$540,000	\$540,000	

Description: A Supportive Community for All partnership goals are to strengthen community connections by building an inclusive coalition of service providers and key community stakeholders around a shared vision to coordinate human services across the Snoqualmie Valley. They are increasing capacity in adaptive leadership facilitation, project management, grant writing, and stakeholder engagement. Taken together these investments would build the local support and capacity to help this project become self-sustaining.

Partners: Hopelink, Snoqualmie Valley Community Network, Mt. Si Senior Center, Snoqualmie Valley Food Bank, Encompass

Transgender Economic Empowerment Coalition	\$550,000	\$550,000	
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Description: The **Transgender Economic Empowerment Coalition** addresses the economic barriers transgender and gender nonconforming communities and LGBTQ people of color experience as a result of transphobia, homophobia and racism. They are investing in leadership development programs to affect system and policy change. They are working to build a model employment policy to support transgender and gender nonconforming workers.

Partners: Ingersoll Gender Center, Greater Seattle Business Administration, UTOPIA Seattle, POCAAN, Gay City, Seattle Counseling Services, Transform Washington, Pride Foundation, Gender Odyssey, Business Impact NW, Ventures NW

Organizamos: Comunidad Latina de Vashon \$450,000 \$450,000	ganizamos: Comunidad Latina de Vashon	\$450,000	\$450,000	
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Description: Organizamos: Comunidad Latina de Vashon builds on the Latino community's strengths to accelerate empowerment and propel civic actions to break multi-generational cycles of poverty and underemployment while building systems-wide actions on housing stabilization. Since there are no Latino organizations on Vashon, they also partner with Seattle-based Latino organizations providing expertise on organizing techniques and strategies for systems change. Their priority is to create a Latino Community Center on Vashon.

Partners: Latino Community Fund, Latino Community Fund, Comunidad Latina de Vashon, Latinos in Tech, Alianza, Puentes, Washington Immigrant Solidarity Network, Geeking Out Kids of Color

Seattle Urban Native Nonprofits	\$550,000	\$550,000	
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Description: The goal of the **Seattle Urban Native Nonprofit (SUNN)** partnership is to build the capacity to advocate for the Seattle Native community in the public and philanthropic sectors. SUNN is accomplishing this through leadership development, training, and collective strategic planning. The SUNN collaborative leverages Seattle Indian Health Board's Government Affairs Division to gain the expertise necessary to affect change and bring about policies that will improve the health and well-being of the Native community of greater Seattle.

Partners: Potlatch Fund, Seattle Indian Health Board, Na'ah Illahee Fund, Chief Seattle Club & Native Women's Dialog on Infant Mortality, Longhouse Media, Mother Nation, National Urban Indian Family Coalition, Native Action Network, Red Eagle Soaring, United Indians of All Tribes Foundation, Urban Native Education Alliance, Duwamish Tribal Services, Northwest Justice Project

Replanting Roots, Rebuilding Community	\$500,000	\$500,000	
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Description: The **Replanting Roots, Rebuilding Community** partnership focuses on leveraging existing and planned affordable rental housing development and commercial revitalization efforts to facilitate economic opportunity and fortification of cultural institutions. These cultural hubs are mediums to preserve and restore community connections that contribute to a sense of place and belonging for the Black community rooted in Seattle's Central District.

Partners: Umoja PEACE Center, Village Spirit Center/Black Community Impact Alliance, Africatown Center for Education & Innovation, Africatown Central District Preservation & Development Association, Cultural Reconnections, Institute for African Centered Thought

Note: Public funds are not used to undertake any prohibited activities.

Institutional, systems & policy change awards

February/March 2019 – December 2019

		Funding source		
Awardee	Total award	Best Starts for Kids	Seattle Foundation	
All In For Washington	\$150,000		\$150,000	
Percentians All In Fer Weekingstern in pertremetric with the Coelition of Immigrants and Defusions and Communities of Color (CIDCO)				

Description: All In For Washington, in partnership with the Coalition of Immigrants and Refugees and Communities of Color (CIRCC) engages communities of color through in-language education to develop comprehensive tax policy options that bring multiple perspectives to the table.

Partners: Coalition of Immigrants and Refugees and Communities of Color (CIRCC)

Alphabet Alliance of Color/API Chaya	\$125,000	\$125,000	

Description: A collaborative project to increase the influence of two-spirit, gender diverse, queer, and transgender people of color to lead grassroots movements by becoming meaningfully involved in the political process. Participants share community knowledge and capacity on advocacy, build on the stories collected with additional data and policy research to complete policy agenda for the coalition.

Partners: TRANSform Washington a project of Pride Foundation, Gender Justice League, GOT Green, Queer and Trans Pan-African, University of Washington Queer People of Color Alliance, Queer the Land, Entre Hermanos, Somos Seattle, UTOPIA Seattle

Casa Latina	\$75,001	\$41,397	\$33,604	
Description: Building on the successful passage of the Domestic Worker Bill of Rights, Casa Latina will focus on accountability in the				
implementation process and supporting their worker on the Oversight Bo	ard for the policy.			

Chief Seattle Club	\$85,880	 \$85,880

Description: Chief Seattle Club strengthens and coordinates a coalition of organizations to address urban Native homelessness. The Coalition ensures the voices and perspectives of American Indian/Alaskan Native communities are central to homelessness prevention efforts and policies.

Partners: Coalition to End Urban Native Homelessness in King County

Church Council of Greater Seattle	\$66,250	\$16,250	\$50,000		
Description: The Church Council is working to further mobilize grassroots, faith-based leaders to influence economic justice and local					
affordable housing policy in South King County. Multi-faith Leadership Circles come together to promote local priorities. In 2019, they					
collaborated with communities in Bellevue on implementation and site se	election for successful	sitting of first permane	ent shelter		

Civil Survival	\$75,000		\$75,000		

Description: Civil Survival provides civic education and mobilizes formerly incarcerated individuals and their network of family and friends to advocate for greater participation and advocacy that results in better quality of life and outcomes, including in housing and employment.

Collective Justice Project (formerly, Community Justice Project)	\$80,000		\$80,000
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Description: This effort aims to transform the criminal legal system and promote policies that support the people and communities of color most impacted by violence, including increased rehabilitation rather than incarceration. It seeks to amplify the voices of crime survivors whose experiences have reinforced that punitive measures often worsen the conditions that lead to crime in the first place.

Communities in Action \$29,700 \$29,700

Description: This project strengthens cross-sector collaborations between neighborhood organizations and the school district to promote healthy youth development in Southeast and Central Seattle to more effectively address mental health and violence issues in the community that hamper the futures of students.

Community Health Board Coalition	\$150,000	\$75,000	\$75,000
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Description: Nine racial/ethnic health boards have come together to establish the Community Health Board Coalition (CHBC) to strengthen social cohesion across groups by creating a joint policy agenda and ultimately positioning the CHBC as a powerful voice for health. CHBC collaborates with local partners to develop and deliver classes and training geared to developing/strengthening members as leaders and advocates in order to influence policy.

Partners: Somali Health Board, LatinX Health Board, Cambodian Health Board, Pacific Islander Health Board, Vietnamese Health Board, African-American Health Board, Iraqi/Arab Health Board, Ethiopian Health Council, Eritrean Health Board

		Funding source	
Awardee	Total award	Best Starts for Kids	Seattle Foundation
Crescent Community Collaborative (formerly Yesler Community Collaborative)	\$112,500	\$112,500	

Description: This collaborative of organizations connecting the neighborhoods adjacent to downtown Seattle (Chinatown-International District, Yesler Terrace, Central Area, Capitol Hill and First Hill) works to advance multiple anti-displacement strategies. This includes development of policy issue briefs and pilot projects to increase affordable housing, support small businesses, advancing community engagement and leadership. Focus in 2019 was on adaptation and implementation of neighborhood inclusion preference policy, advocacy for adequate preservation of Unreinforced Masonry Buildings.

EmPower	\$25,000	\$25,000	

Description: EmPower sustains a coalition in South King County to protect immigrant rights and offers legal support when needed, including exploring the role of Department of Justice (DOJ) Accredited Representatives.

Federal Way Youth Action Team	\$40,200	\$40,200	

Description: Federal Way Youth Action Team engages youth of color in policy making. This includes building youth leadership and youth voice by engaging city leaders to discuss vital issues with young people, including violence prevention approaches.

FEEST	\$75,000	\$75,000	

Description: FEEST is dedicated to developing youth leadership for health and food justice. Youth leaders extend their impact in South King County schools by working on policies to increase access and affordability of healthy and culturally-relevant foods. FEEST will focus on increasing the number of schools that utilize the community eligibility provision as well beginning a multi-year effort to increase the number of schools utilizing scratch cooking.

Friends of Little Saigon	\$30,000	\$30,000	

Description: Friends of Little Saigon engages small family businesses to mitigate changes in the neighborhood and to strengthen Little Saigon in Seattle's International District as a cultural hub for the larger Vietnamese population.

	Got Green	\$80,000	\$80,000		
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Description: Got Green works to address disparities that often keep well-qualified people of color out of "green economy" internships and careers. This includes investing in fellowship programs to develop young leaders in the environmental justice movement and to advocate for measures to diversify the workforce in the environmental sector. Got Green will also launch the Movement School – an effort focused on using media and digital strategies to forward clear progressive messaging on climate justice and equity.

Ingersoll Gender Center \$80,000	
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Description: This project creates a gender affirming health care policy agenda. This includes engaging stakeholders in discussions and surveys about the challenges that transgender community members have in accessing gender affirming care and medical providers must connect them to gender affirming care.

Open Doors for Multicultural Families	\$100,000	\$11,470	\$88,530
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Description: Open Doors for Multicultural Families increases opportunities for individuals with developmental disabilities and their families--many from diverse cultural or linguistic backgrounds--to engage in policy and advocacy. Identified focus areas include education, access to recreational opportunities, stable and affordable housing, reliable paratransit, and language access.

Para L	os Nií	ños c	le H	ighline						\$4	40,00	0		\$40	,000			
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Description: Para Los Niños develops the skills of low-income Latino residents in South King County to become emerging leaders who are advocating for the needs of the community. This includes conducting a survey of existing leaders and convening on community priorities to help develop a change campaign in 2019.

Puget	Soun	d Sag	ge					\$150,000	\$150,000	
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Description: Puget Sound Sage and Transportation Choices Coalition aim to ensure communities of color, immigrants and refugees share in and prosper from the benefits of transit, specifically Sound Transit 3. This includes representation of marginalized communities in decisions such as station location and accessibility, equitable development and affordable housing along transit lines.

Partners: Transportation Choice Coalition

Seattle Indian Health Board	\$100,000	\$34,800	\$65,200					
Description: Seattle Indian Health Board aims to bring about concrete improvements in health care access and quality for Native people.								
SIHB provides necessary data and analysis on proposed state legislation to reduce health disparities and ensure implementation of								
existing treaties. SIHB continues to build relationships and strengthen collaboration with organizations that represent communities of color								
and American Indian communities. This will further solidify their foundation for establishing a "Multicultural Congress."								

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Awardee	Total award	Best Starts for Kids	Seattle Foundation	
Somali Family Safety Task Force	\$40,000	\$40,000		

Funding source

Description: This project increases advocacy capacity among Somali parents through practical skill building. The Task Force advocates for policy changes to make public schools more accessible and effective for Somali families as well as build these skills among community members to address other community needs.

South King County Discipline Coalition	\$40,000	\$40,000						
Description: This coalition harnesses the voice of parents and young people to build community power and advance policy goals and								
strategies that end the use of discipline practices that disproportionately affect students of color in public schools. The coalition expanded								

strategies that end the use of discipline practices that disproportionately affect students of color in public schools. The coalition expanded its reach further into South King County, specifically focusing on Federal Way; expanded the advisory committee to include more black men; and hosted more parent-focused trainings on advocacy, violence, special education and discipline.

	Statewide Poverty Action Network	\$75,000		\$75,000
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Description: Statewide Poverty Action Network works with affected populations to document and explore alternatives to debt collection practices that can have harmful effects on people, particularly those with criminal histories or who have been frequent targets of predatory lending. SPAN will focus on a consumer debt issues, including medical debt and pocket service.

Tenants Union of Washington State	\$66,250	\$66,250	

Description: The Tenants Union hosts community meetings to educate low-income renters about ways to address barriers to housing and to increase their leadership skills, including through the power of narratives. Tenants Union will focus on Just Cause Eviction protections at local/state level and grow their learning circles to reach members in new areas.

Washington Bus Education Fund	\$71,786		\$71,786
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Description: The Washington Bus Education Fund aims to engage young people in generating creative policy solutions and increasing voting rates. Keys issues for young people include access to post-secondary education and voting access. The Bus will participate in a table convened by King County to develop a free tuition program modeled off the Seattle Promise - advocating for improvements including non-utilization of the last dollar first policy and allowing enrollment up to age 26.

Washington Dreams Coalition	\$75,000	\$75,000	
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Description: Washington Dreams Coalition collaborates with youth, college students and educators to address key barriers to the success of undocumented youth working and studying in our region. This includes developing a Task Force to build a systemic support for students. WA Dream Coalition will recruit new leaders expand their work to include South Seat-tle Community College and Highline School District.

Washington Indian Civil Rights Commission	\$40,000	\$40,000	
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Description: The WICRC is building relationships with public officials and develops leadership within the Native community through a series of advocacy and listening events with the Washington State Department of Children, Youth and Families. The group plans to elevate Native people to roles on boards and commissions through networking and relationship building; host advance learning workshops to prepare community for service; and advocate for creation of coordinated Native taskforce to track indigenous missing and murdered women.

Note: Public funds are not used to undertake any prohibited activities.

Learning community awards

		Funding source			
Awardee	Total award	Best Starts for Kids	Seattle Foundation		
African Community Housing and Development & TEN Consulting	\$120,000	\$120,000			
Description: African Community Housing & Development (ACHD) will lead the planning and implementation of a Built Environment, Community Development, and Real Estate Learning Circle. The learning circle will take participants through a learning journey rooted in racial equity in the economic development of King County's Black communities. King County's Black communities, including Black, refugees, and descendants of enslaved African people, are centered in these learning circle topics because of the unique history, displacement, and economic disenfranchisement of Black communities in this region.					
Cascadia Consulting Group	\$80,000	\$80,000			
Description: Cascadia Consulting Group will participate in a co-design process with COO staff, and as necessary other Learning Community consultants, to develop a shared work plan and activities related to developing the Learning Community programming infrastructure, initiating and sustaining implementation of one-time and on-going activities, as well as support continuous improvement.					
Communities Rise (formerly Wayfind & Nonprofit Assistance Center)	\$160,000	\$160,000			
Description: Communities Rise will lead planning and implementation, for other community-based organizations. Activities will include workshops, cli independent coaching, and mentorship, on topics that will help community achieve COO's racial, economic, social and health equity goals. Training ar	nics, training, webinars leaders, groups, coalit	s, convenings, roundtat tions and organizations	bles, learning groups, more effectively		

management, community organizing, legal support for non-profits, strategic communications, policy and system change strategies, developing healthy and resilient partnerships, and strategies for integrating and implementing racial equity throughout the participants' work.

Puget Sound Sage	\$120,000	\$120,000	
Description: Puget Sound Sage is piloting its first Community Real Estate	Stewardship Team (C	REST), a learning circle	e to provide training

Description: Puget Sound Sage is piloting its first Community Real Estate Stewardship Team (CREST), a learning circle to provide training and leadership development to community partners who are interested in advancing community driven development, land stewardship, and strategies for long-term affordability. Through facilitating CREST, Sage hopes to deepen the capacity of organizations based in communities of color to become developers and community asset owners ready to promote a community stewardship frame including models of collective ownership and permanent affordability.

Note: Public funds are not used to undertake any prohibited activities.

Community Partners

Best Starts for Kids encourages collaboration and partnership between organizations. While this list reflects the primary agencies holding contracts with Best Starts for Kids, many others carry out the work in partnership with these organizations.

501Commons

A Supportive Community for All Hopelink Snogualmie Valley Community Network Mt Si Senior Center Snoqualmie Valley Food Bank Encompass Africatown Center for Education & Innovation All In For Washington and Coalition of Immigrant and **Refugees and Communities of Color** All Seattle Kids Home Alliance for Gun Responsibility Alphabet Alliance of Color **API** Chaya TRANSform Washington a project of Pride Foundation Gender Justice League GOT Green Queer and Trans Pan-African University of Washington Queer People of Color Alliance Queer the Land **Entre Hermanos** Somos Seattle UTOPIA Seattle AlterNATIVE ANEW **API** Chaya APICAT ARC of King County Art with Heart Arts Corps Asian Counseling and Referral Service Atlantic Street Center Auburn School Distict Auburn Youth Resources Austin Foundation **Bella's Creative Learning Center Bellevue School District Bellevue Schools Foundation** Birth to Three Developmental Center **Black Star Line African Family Boyer Children's Clinic** Boys and Girls Club King County Boys and Girls Club of Bellevue **Bridging Cultural Gaps BrightSteps Bulle Consulting Cardea Services**

Carmen Casillas Casa Latina Cascade Elementary **Center for Human Services Central Area Youth Association** Centro Rendu of St. Vincent de Paul **Cham Refugees Community** Chief Seattle Club & Coalition to End Urban Native Homelessness in King County Childhaven Children's Home Society **Children's Therapy Center** ChildStrive **Chinese Information and Service Center Church Council of Greater Seattle** City of Bellevue Parks and Community Services City of Renton—Recreation and Neighborhoods Division City of Shoreline City of Tukwila **Civil Survival** Coalition for Refugees from Burma **Collective Justice Project** Community Café Collaborative **Community Health Board Coalition** Somali Health Board LatinX Health Board Cambodian Health Board Pacific Islander Health Board Vietnamese Health Board African-American Health Board Iragi/Arab Health Board Ethiopian Health Council Health Board Eritrean Health Board **Communities in Action** Communities in Schools **Communities Rise Community Network Council Community Passageways** Comunidad Latina de Vashon Steering Committee Latino Community Fund Comunidad Latina de Vashon Geeking Out Kids of Color Latinos in Tech Alianza Puentes Washington Immigrant Solidarity Network **Congolese Integration Network**

Cowlitz Tribal Health Services Creative Justice Crescent Community Collaborative Crux Consulting **Crystal Tetrick** Delridge Neighborhoods Development Assn Denise Louie Education Center **Dick Scobee Elementary** Dimmit Middle School **Dispute Resolution Center of King County Divine Alternatives for Dads Services DKS Culturally Responsive Educational Services, LLC** East African Community Service EastSide Baby Corner Eastside Pathways El Centro de La Raza Emerging Design (Bonnie Olson) EmPower **Empowering Youth & Families Outreach** Encompass Ethiopia Alemneh Fahmo Abdulle Families of Color Seattle FamilyWorks Federal Way Public Schools Federal Way Youth Action Team Filipino Community of Seattle First Five Years and Beyond FEEST Food Innovation Network (FIN) Friends of Little Saigon Friends of the Children Friends of Youth Gage Academy of Art Geeking Out Kids of Color **Gender Diversity** Global to Local **Glover Empower Mentoring** Got Green Greater Maple Valley Community Center **Greenplay NW Harborview Pediatrics** Hazelwood Elementary School HealthPoint Hearing, Speech and Deaf Center **Highline School District** HomeSight **HopeCentral** Horn of Africa Services HOSTED (Healthy Othello Safer Through Environmental Design) ICHS India Association of Western Washington Ingersoll Gender Center Inspirational Workshops Institute for Community Leadership

Interim Community Development Association Iraqi Community Center of Washington J.J. Smith Birth to Five Center, Enumclaw SD Janet He Je and Yong Jeong Johnnie McKinley and Associates **Kaiser Permanente Washington** Kent Community Development Collaborative Community Network Council Being Empowered Through Supportive Transitions Centro Rendu/St. Vincent DePaul Coalition for Refugees from Burma Communities in Schools of Kent Mother Africa Somali Youth and Family Club Kent School District Kent Youth and Family Services KidsQuest Children's Museum **Kindering Center** Korean Community Services Center Lake Washington School District Lalita Uppala Lambert House Latino Community Fund of Washington Life Enrichment Group LifeWire Listen and Talk Living Well Kent Collaborative Look, Listen, Learn Luther Memorial **MAIA Midwifery and Fertility** Maria Darskaya Mary's Place ML Whalen Consulting Mother Africa MPHI Multicultural Community Center (MCC) Multi-Service Center-RAP in Fed Way Na'ah Illahee Fund Navos **NeighborCare Neighborhood House** New Horizons **NewHolly Youth Leadership & Enrichment Club NISO Programs** North Seattle College Northgate Elementary/Community Learning Center Northshore School District Northshore Youth and Family Services Northwest Center Northwest School for DHH—Family Conversations Odessa Brown Children's Clinic **On Board Othello Open Arms Perinatal Services Open Doors for Multicultural Families**

Orca K-8 **Ounce Washington** Para Los Niños de Highline Partner in Education and Student Success Partner in Employment (PIE) Phenomenal She POCAAN **Public Health Seattle & King County Puget Sound Educational Service District** Puget Sound Sage & Transportation Choices Coalition **Rainier Beach Action Coalition** Rainier Valley Corps (RVC) Rainier Valley COO Partnership HomeSight HOSTED Multicultural Community Coalition On Board Othello **Rainier Beach Action Coalition** South Communities Organizing for Racial/Regional Equity Puget Sound Sage The Beet Box Refugee Women's Alliance **Renton Area Youth and Family Services Replanting Roots, Rebuilding Community** Umoja Peace Center Village Spirit Center/Black Community Impact Alliance Africatown Center for Education & Innovation Africatown Central District Preservation & Development Association **Cultural Reconnections** Institute for African Centered Thought Restore, Assemble, Produce Rethinking Schools — Garfield High School **Riverton Park United Methodist Church** Roxxane Hood Lyons Consulting (RHL) Ryther SafeFutures Sama Praxis School Readiness SeaTac—Tukwila Community Coalition **Congolese Integration Network** Food Innovation Network Global to Local Partner in Employment Somali Health Board Somali Youth & Family Club Seattle CARES Mentoring Movement Seattle Children's Playgarden Seattle Children's Research Institute Seattle Education Access Seattle Indian Health Board Seattle King County NAACP Seattle Parks and Recreation Seattle Public Schools Seattle Urban Native Nonprofits Potlatch Fund

Chief Seattle Club **Duwamish Tribal Services** Lonahouse Media Mother Nation Na'ah Illahee Fund National Urban Indian Family Coalition Native Action Network Native American Women's Dialog on Infant Mortality Northwest Justice Project (Native American unit) Red Eagle Soaring Seattle Indian Health Board United Indians of All Tribes Foundation Urban Native Education Alliance Shunpike Sisters in Common Skykomish School District **Skyway Solutions Snoqualmie Valley Community Network Snoqualmie Valley School District** SnoValley Tilth Society of St. Vincent de Paul Sokunthea Ok Solid Ground Somali Doulas Northwest (SDNW) Somali Family Safety Task Force Somali Health Board Somali Youth and Family Club South Communities Organizing for Racial Equity (S. Core) South King County Discipline Coalition South Seattle Women's Health Foundation Southwest Youth and Family Services St. Vincent de Paul/Centro Rendu Statewide Poverty Action Network Stay and play **STEMpaths Innovation Network** Swedish **Tahoma School District** Tammy Dang **Techbridge Girls Tenants Union of Washington State** The DOVE Project The Imagine Institution The Joseph Project The Mockingbird Society The Northwest Network **Therapeutic Health Services Tilth Alliance Tiny Trees Preschool Trail Youth Transgender Economic Empowerment Coalition** Ingersoll Gender Center Gay City Gender Diversity Gender Odyssey Greater Seattle Business Administration

POCAAN Seattle Counseling Services Transform Washington **UTOPIA Seattle** Treehouse Tukwila School District United Indians of All Tribes United Way of King County University of Washington Experimental Education Unit University of Washington Partners for Our Children University of Washington School of Nursing University of Washington School of Social Work University Tutors for Seattle Schools Unkitawa Unleash The Brilliance Upower **Urban Family Center Association** Urban League of Metropolitan Seattle **Urban Native Education Alliance** Vashon School District Vashon Youth and Family Services Verrenti Consulting Vietnamese Friendship Association Voices of Tomorrow WA Indian Civil Rights Commission WA-BLOC Walk Away City Collaborative WAPI Community Services Washington Association for Infant Mental Health Washington Autism Advocacy Alliance Washington Bus Education Fund Washington Chapter of the American Academy of Pediatrics Washington Dreams Coalition Washington State Father's Network

We. Act. Present. Perform. Wellspring Family Services West African Community Council WestEd WestSide Baby White Center Community Development Association White Center Food Bank White Center Partnership FEEST Southwest Youth & Family Services **Trusted Advocates** Village of Hope White Center Community Development Association Yes! Foundation of White Center YWCA White Water Aquatics Management WithinReach Wonderland Developmental Center World Mind Creation Academy World Relief YMCA of Bellevue YMCA of Greater Seattle Young Women Empowered Youth Eastside Services YouthCare YWCA Zeno

Making King County a welcoming community where *every* person can thrive.

Best Starts for Kids

Best Starts for Kids strengthens families and communities so that babies are born healthy, children thrive and establish a strong foundation for life, and young people grow into happy, healthy adults.

MIDD Behavioral Health Sales Tax Fund

MIDD supports equitable opportunities for health, wellness, connection to community, and recovery for King County residents living with or at risk of behavioral health conditions, through a continuum of care that includes prevention, early intervention, crisis diversion, recovery, and reentry.

Veterans, Seniors and Human Services Levy

The Veterans, Seniors and Human Services Levy connects veterans and servicemembers, residents age 55 or older, and vulnerable populations to affordable housing, employment, behavioral health treatment, and other programs and services that help them, their families, and their caregivers live healthy, productive, and meaningful lives.



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