

**AGING & DISABILITY SERVICES  
DRAFT AREA PLAN ON AGING  
2016-2019**

**Presentation to King County Council  
Health, Housing & Human Services Committee  
August 18, 2015**

# ADS Mission

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To develop a community that promotes quality of life, independence and choice for older people and adults with disabilities in King County.

# Area Agency on Aging

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- ▶ Chartered under the Older Americans Act
- ▶ 629 AAAs in the U.S. (N4A)
- ▶ 13 AAAs in WA state (W4A)
- ▶ ADS Sponsors: Seattle Human Services Dept, King County, and United Way of King County
- ▶ 27-member Advisory Council



# What is the Area Plan on Aging?

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- ❑ Based on community input process.
- ❑ Will guide ADS work from 2016 to 2019
- ❑ Highlights goals for developing age-friendly communities.
- ❑ Summarizes annual budget of \$38 million in federal, state and local resources
- ❑ Updated every two years



## **Area Plan on Aging**

Seattle-King County, Washington

2016–2019

*Draft for Public Review*



*Aging and Disability Services*

AREA AGENCY ON AGING FOR SEATTLE-KING COUNTY

# Area Plan Input

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ADS sought input for the Area Plan during 2014 to 2015

- **2014 Community Outreach and Engagement.**
- **2015 Area Plan Online Survey**
- **2015 Focus on the Future Forums on Aging**



## Focus on the Future

 <p>South Snohomish County</p>	 <p>North Pierce County</p>	 <p>East King County</p>
<b>Health &amp; Well-Being</b>	<b>Community Design &amp; Healthy Aging</b>	<b>Behavioral Health &amp; Memory Care</b>
Friday, March 6, 2015 10 a.m.-12 p.m. Mountlake Terrace Senior Center 23000 Lakeview Drive Mountlake Terrace Info: 425-388-6433	Monday, March 30, 2015 9:30-11:30 a.m. Mountain View Community Center 3607 122nd Avenue East Edgewood Info: 253-798-7376	Friday, April 3, 2015 9-11:30 a.m. Bellevue City Hall 450 110th Avenue NE Bellevue Info: 425-452-2824 or 206-684-0706

*Join us!*

Area Agencies on Aging—created under the Older Americans Act of 1965—are responsible for local planning, coordination and implementation of aging services. Washington State has 13 Area Agencies on Aging, including the Snohomish County Division of Long Term Care and Aging, Aging and Disability Services (Seattle-King County), and Pierce County Community Connections Aging and Disability Resources.

Every four years, each Area Agency on Aging develops a four-year plan to chart their course in creating an elder-friendly community. King, Pierce and Snohomish counties are collaborating on three public forums that will help inform development of specific sections of their 2016-2019 Area Plans on Aging. We invite you to attend any or all of the forums to let us know what you think about the highlighted topics.

 <p>Snohomish County www.snohomishcountywa.gov</p>	 <p>Pierce County Community Connections www.pierceADRC.org</p>	 <p>City of Bellevue www.agingkingcounty.org</p>	 <p>ADS Aging and Disability Services www.agingkingcounty.org</p>
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If you require an accommodation in order to participate, please use the contact for each forum, listed above.



## Community Forums on Aging

# What We Heard: Top Needs/Concerns

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## ❑ Older adults

- ❑ Housing
- ❑ Health/health care
- ❑ Transportation
- ❑ Safety

## ❑ People with Disabilities

- ❑ Transportation
- ❑ Health/health care
- ❑ Socialization



# So What's in the Area Plan?

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- **Section A:** Area Agency Planning & Priorities
- **Section B:** Planning and Service Area Profile
- **Section C:** Issue Areas, Goals and Objectives
- **Section D:** Area Plan Budget

# King County 60+ Population

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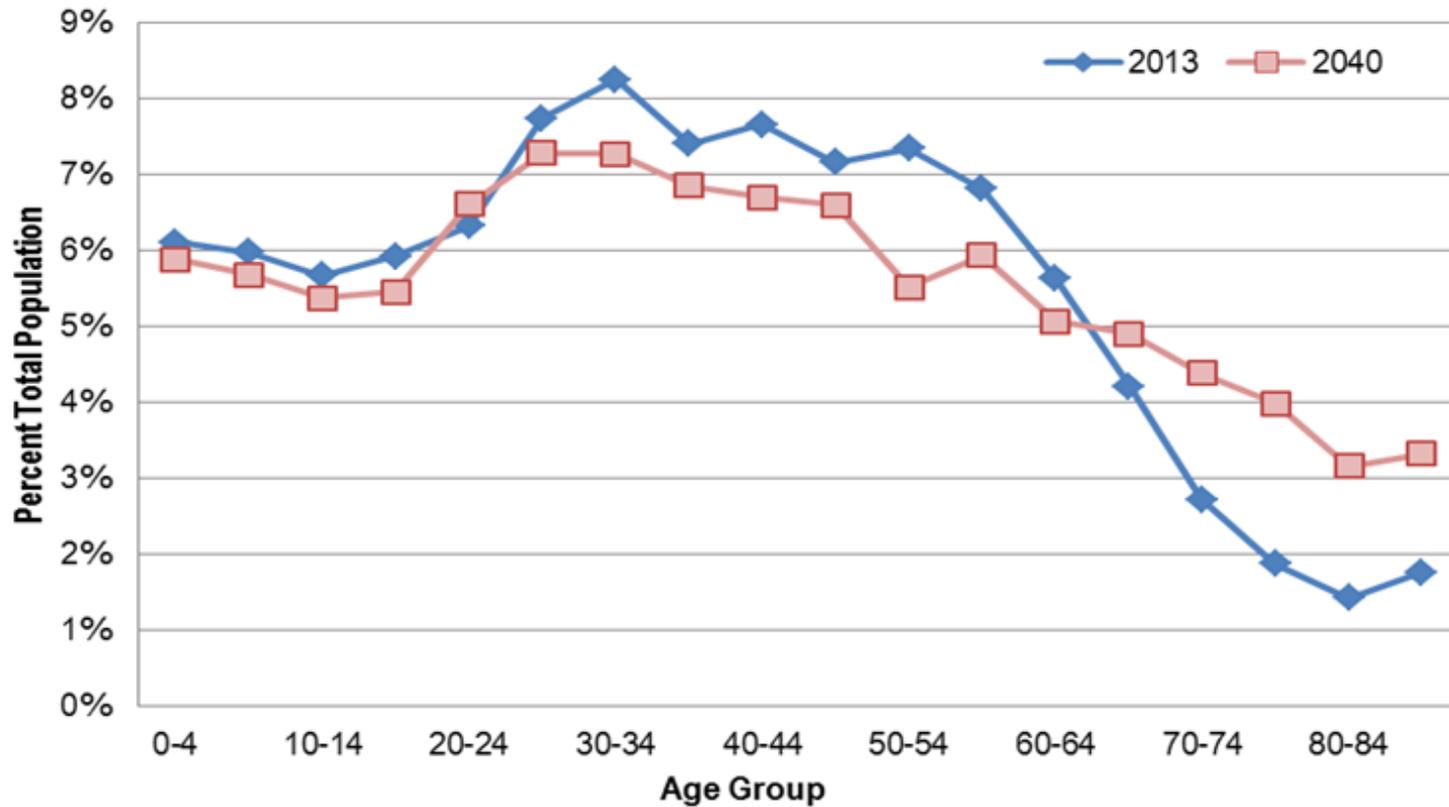


Figure 3. King County Projected Population Growth by Age Cohort, 2013-2040<sup>6</sup>

# 60+ Growth, by King Co. Sub-Region

Sub-Region	2000	2013	Number Growth	Sub-region Growth as Percent of Total Growth
East Rural	3,292	6,161	2,869	3%
East Urban	52,985	82,332	29,347	28%
North	21,406	28,575	7,169	7%
South Rural	5,799	10,643	4,844	5%
South Urban	70,152	103,492	33,340	32%
Seattle	87,063	111,362	24,299	24%
Vashon	1,800	3,310	1,510	1%
Total King	242,497	345,875	103,378	43%

**Table 2, Growth in Age 60+ Population by Sub-Region.<sup>7</sup>**

# Diversity Among 60+ Population

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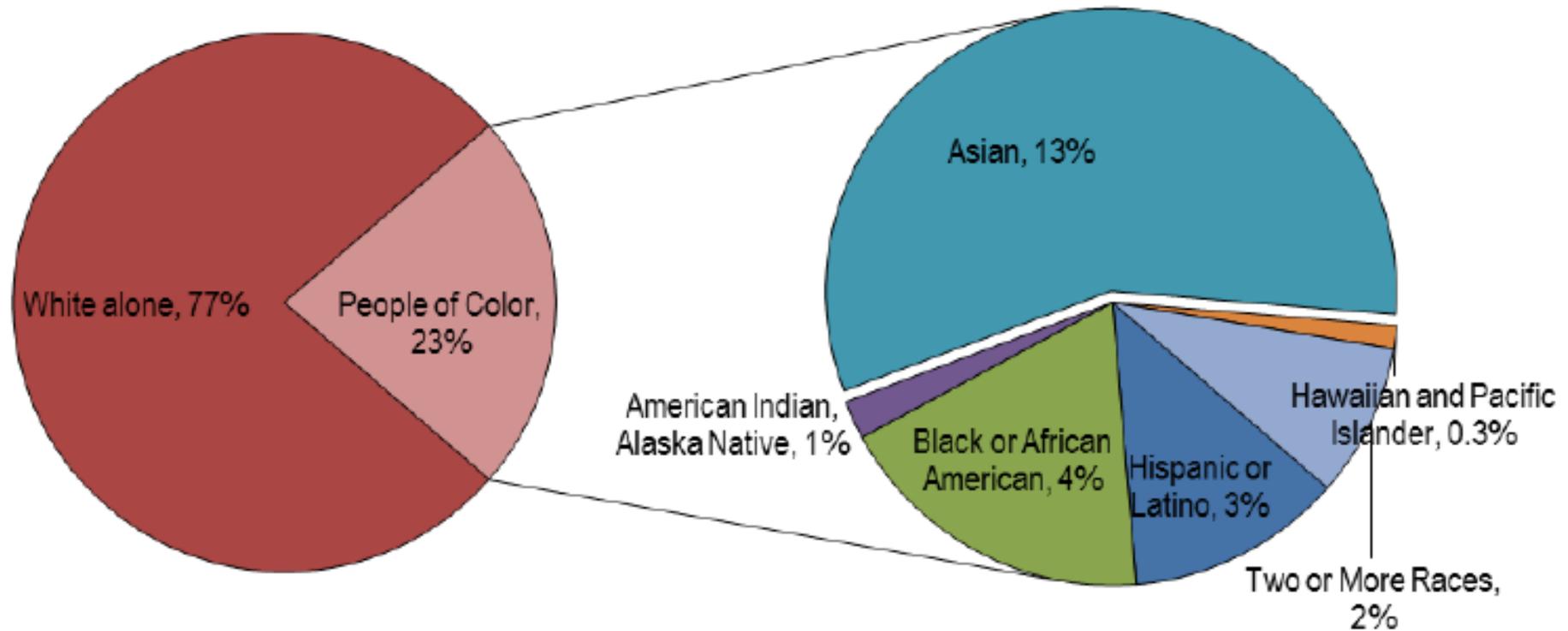


Figure 5. King County Population Age 60+ by Race.<sup>17</sup>

# Disability Among 60+ Population

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Adults with Disabilities		
Age 18+	Age 60+	60+ in poverty
23%	38%	51%

**Table 10, Rate of Disabilities by Age and Poverty, King County, 2011-2014**



# Area Plan Issue Areas

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## Five Focus Areas:

1. Long Term Services and Supports
2. Pre-Medicaid Services
3. Service Integration & Systems Coordination
4. Older Native Americans
5. Livable Communities



# 2016-2019 Area Plan Objectives

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## **Long Term Services and Supports**

*Maximize current program, funding and staff capacity to meet the needs of complex Long Term Services and Supports clients.*



# 2016-2019 Area Plan Objectives

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## Pre-Medicaid Services

*Delay Medicaid-funded long-term services and supports by encouraging health promotion and disease prevention; increasing awareness about Alzheimer's disease; improving health care quality for older adults and adults with disabilities.*



# 2016-2019 Area Plan Objectives

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## **Service Integration & Systems Coordination**

*Integrate Aging Network services with other health and human services for better health care at a lower cost.*

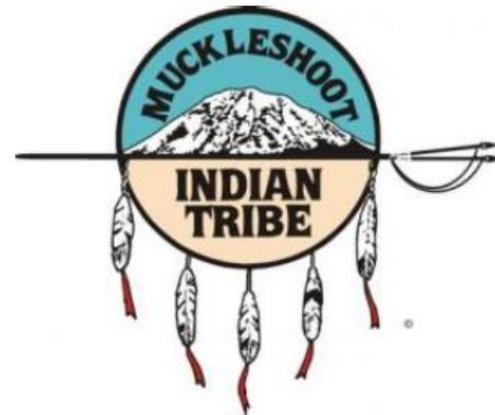


# 2016-2019 Area Plan Objectives

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## Older Native Americans

*Ensure greater success for Native American elders in King County.*



# 2016-2019 Area Plan Objectives

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## **Livable Communities**

*Promote/develop a regional framework to increase awareness about the aging population; influence municipalities, stakeholders, decision makers, and consumers to prepare their communities for the aging population.*



# Public Testimony

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1. Have we presented the right issue areas?
2. Have we overlooked potential partnership opportunities?
3. Is there anything that needs further development or clarification?

# Contact Us

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*Celebrating 50 Years*  
of the **Older Americans Act**  
1965 to 2015



*Aging and Disability Services*  
Area Agency on Aging for Seattle and King County



King County



United Way  
United Way of King County



City of Seattle



**Website:** [www.agingkingcounty.org](http://www.agingkingcounty.org)

**Face Book:** [www.facebook.com/AgingKingCounty](http://www.facebook.com/AgingKingCounty)