

AFRICAN AMERICANS REACH & TEACH HEALTH MINISTRY AARTH

African Americans Reach and Teach Health (AARTH) Ministry is a faith-based nonprofit organization established in 2002 to respond to HIV/AIDS and other major health issues affecting people of African descent.

AARTH's core program strategies are health education, compassionate service, access to resources and advocacy for better health care systems.

AARTH's goals are to:

- Increase the awareness and knowledge of people of African descent about health issues that disproportionately affect them.
- Promote responsible health practices among people of African descent.
- Build the internal capacity of health ministries to provide services and effectively collaborate with others.

AARTH Ministry
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Services at a glance...

ANNUAL EVENTS

- February HIV/AIDS Black Awareness Day
- March The Black Church Week of Prayer for the Healing of AIDS
- March National HIV/AIDS Women and Girls Awareness Day
- April HIV/AIDS Women of Color Health Conference
- June The Black Church Lights the Way for the Healing of AIDS
- September Lifelong AIDS Alliance AIDS Walk
- October Annual Health and Wellness Symposium
- December World AIDS Day

SCREENINGS

- Blood Pressure & Body Mass Index
- HIV
- Mammogram/cervical

PEER EDUCATION

- a. Body & Soul
- b. Living Well with Chronic Diseases Lay Leaders & Master Trainers
- c. Community Dialogues: Who Will Speak for Me? & Women Like You
- d. Health Ministry Development
- e. HIV Prevention

CONTINUING EDUCATION

- a. Encouraging HIV Testing and Care Access in African Americans
- b. HIV/AIDS CME, CNE, CEU Courses for Health Professionals
- c. HIV/AIDS for Licensures
- d. HIV/AIDS Stigma & People of Color
- e. The Impact of HIV/AIDS Among East African Immigrants
- f. The Impact of Stigma on HIV Testing and Treatment Among African Americans
- g. People of Color: HIV/AIDS Stigma & Access to Care
- h. Women of Color: HIV/AIDS Stigma & Access to Care
- i. Palliative Care for People with HIV/AIDS

Accreditations and presentations in partnership with the Northwest AIDS Education and Training Center at the University of Washington



AFRICAN AMERICANS
REACH & TEACH
HEALTH MINISTRY
AARTH

Access to Wellness

Network @

www.aarth.org

Online access to culturally relevant health information and resources that can be used for educating congregations and communities.



Health Ministry Development



A faith-centered strategic planning Program for African American churches that includes course work and technical assistance for developing holistic health ministries.

Body & Soul

A wellness initiative developed by and for African American churches, an initiative of the National Cancer Institute implemented locally by AARTH Ministry. The initiative includes resources to educate members and help change eating practices to include a diet rich in fruits and vegetables. Churches receive peer education training, materials, cook books and videos on nutrition and healthy soulful menus.



Living Well with Chronic Conditions

Chronic Disease Self Management Program (CDSMP)
A collection of several different workshops that offer education and training for individuals living with chronic

conditions and those who wish to facilitate workshops.

a) CDSMP for Participants: Individuals living with chronic conditions learn how to use problem solving, decision-making and coping skills to confront the ever-changing challenges of living with a chronic illness.

b) CDSMP for Lay Leaders: Skill building education and training for individuals who wish to learn how to facilitate workshops for those who are living with chronic conditions.

c) CDSMP for Master Trainers: Skill building education and training for Lay Leaders who wish to become Master Trainers qualified to facilitate training for individuals who wish to become Lay Leaders.

d) Chronic Disease Self-Management Education (CDSME) for Providers: Offering up to 12 Continuing Education credits for providers who meet DSHS requirements and complete the CDSMP workshops. CE credits are provided through Washington State Department of Social and Health Services (DSHS)

e) Diabetes Self Management Program: Offered to those who wish to focus solely on diabetes.

Coverage is Here



HIV/AIDS Education and Training

AARTH works with the Northwest AIDS Education and Training Center/ University of Washington to offer over 30 HIV/AIDS courses, clinical preceptorships, clinical consultations, web-based learning and initiatives for professionals providing health care, treatment and education services for people of African descent in the Alaska, Oregon, Idaho and Washington States.



HIV/AIDS Education for Licensures: HIV/AIDS education certification for professionals seeking Washington State Department of Health licensure.
HIV/AIDS Education instructor and peer educator training. Orientation for Clergy. Customized HIV/AIDS training for clergy.

Who Will Speak for Me ...creates safe spaces for healthy dialogue about HIV/AIDS

This mini-documentary explores the impact of HIV/AIDS among people of African descent and the role of the faith and larger community. The video includes a leader's and participant's guide and is available upon request.





Communities of Opportunity Update

- Communities of Opportunity = an initiative launched in March 2014 in partnership with The Seattle Foundation, and an early strategy of the King County Health and Human Services Transformation's Plan.
- Designed with the ambitious goal of creating greater health, social, economic, and racial equity in King County so that all people thrive and prosper.
- Coordinated use of data to identify census tracts with the greatest inequities in health, housing and economic opportunity measures. The resulting maps confirm that where you live in the County, how much you make, and the color of your skin are currently significant predictors of your chances of living well and thriving even though King County average measures of quality of life, social, and health factors are among the highest in the country. Examples of disparities include:
 1. The average life expectancy can be 10 years shorter in communities that are just a few miles apart.
 2. The average household income in one ZIP code can be \$100,000 less than one nearby.
 3. Poverty rates can range from 6% to 54% by neighborhood and smoking rates vary from 5% to 20%.
- Designed to maximize positive impact by working in co-design with community leaders to impact and drive public and private resources toward underinvested neighborhoods in a more coordinated manner.
- Funders and community collaboratives are analyzing current needs, assets and funding flows across health, housing and economic development systems and using Collective Impact principles to implement mutually reinforcing strategies that leverage multiple funding streams to achieve specific outcomes in the most impacted communities.
- COO is making both place-based investments in specific communities and policy/system change investments that will help to reduce policies and systems that perpetuate inequities; these two levels of investments will be iterative between them and may lead to additional investments in both areas in the coming years
- Milestones: Policy and systems grants awarded to date:

<ol style="list-style-type: none"> 1. African Americans Reach & Teach Health Ministry 2. Futurewise and partners 3. Global to Local 4. Got Green 5. The Mockingbird Society 6. OneAmerica and partners 	<ol style="list-style-type: none"> 7. Open Doors for Multicultural Families 8. Public Defender Association 9. Puget Sound Sage and partners 10. Seattle Indian Health Board 11. Skyway Solutions 12. White Center Community Development Association
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- In February 2015, place-based investments were announced in Rainier Valley in Southeast Seattle (HomeSight), in SeaTac and Tukwila (Global to Local), and in the White Center/North Highline unincorporated area through the White Center Community Development Association. During March to June, co-design meetings will address strategies, shared outcomes measurement systems with the sites.
- Coming next: A Learning Community workshop in fall 2015 for interested communities to share and learn best practices in community engagement.

Data, Demographics and Assets

Population Measures	Lowest ranked	Highest ranked
Life expectancy	74 years	87 years
Health, broadly defined:		
Adverse childhood experiences	20%	9%
Frequent mental distress	14%	4%
Smoking	20%	5%
Obesity	33%	14%
Diabetes	13%	5%
Preventable hospitalizations	1.0%	0.4%
Housing:		
Poor housing condition	8%	0%
Economic opportunity:		
Income below 200% poverty	54%	6%
Unemployment	13%	3%

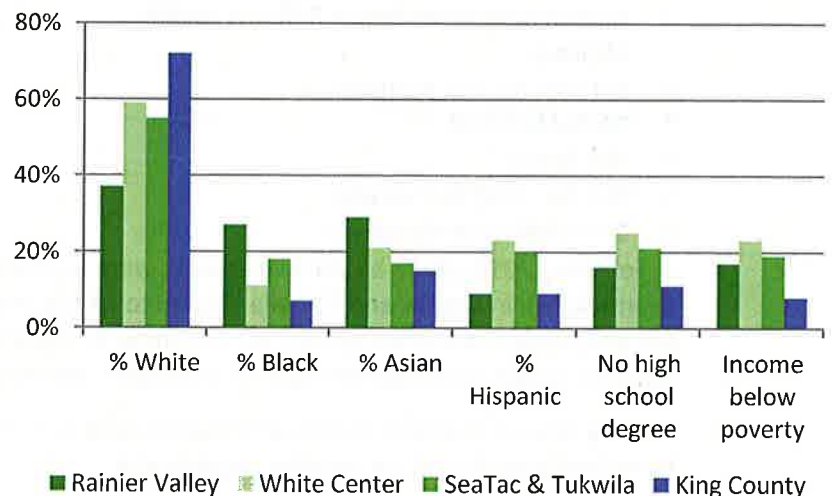
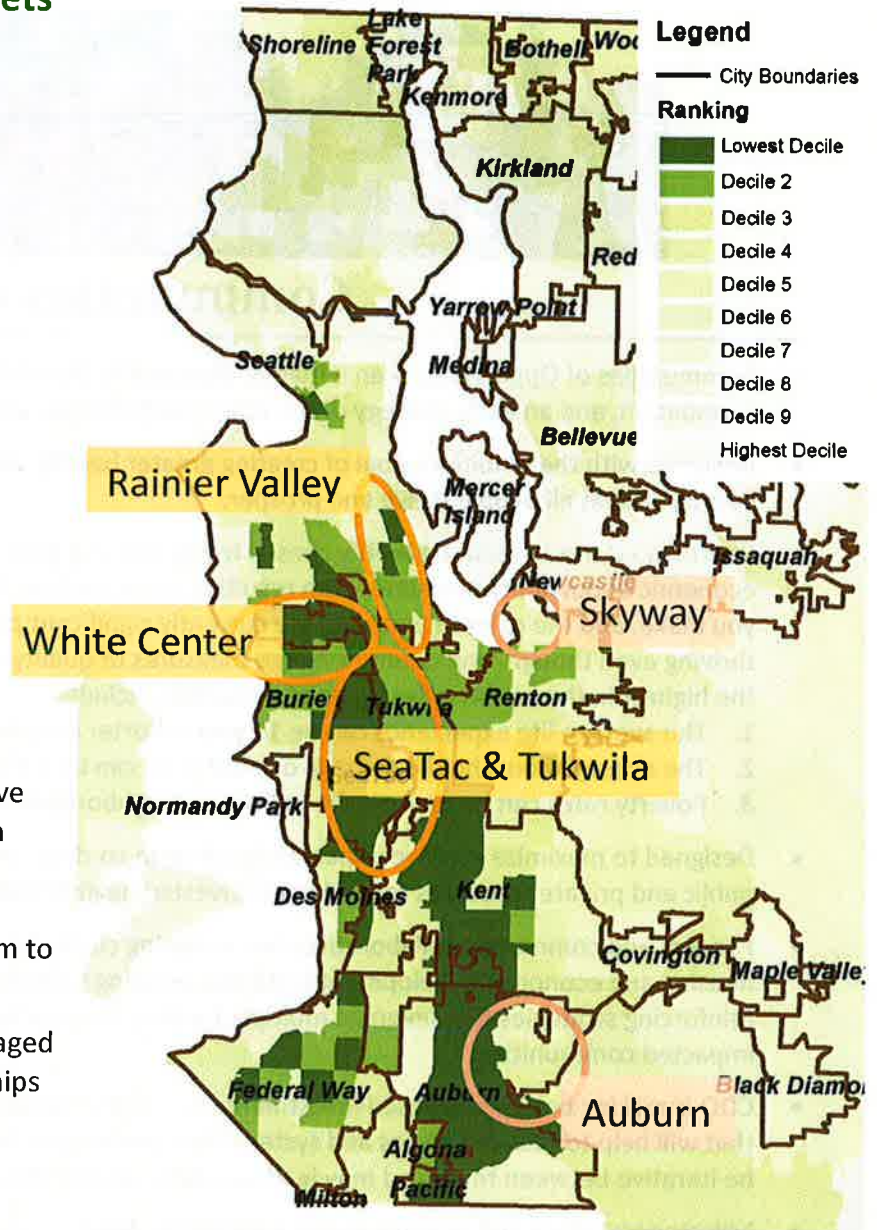
Community Assets

Rainier Valley, population 41,350: Active business association, a community with deep cultural roots and a mosaic of immigrant communities, 59 languages, ethnic community centers, residents aim to prosper in place, youth initiatives.

White Center, population 17,760: Engaged resident leaders, institutional partnerships in place, ethnically & culturally diverse community with a well-supported community development association, vibrant multi-ethnic business district, two Hope VI communities, three parks, affordable housing.

SeaTac & Tukwila, population 46,321: Diverse community, 70 languages, Food Innovation Network in place to create entrepreneurial and employment opportunities, residents interested in catering, food processing, baking, food trucks and urban farming.

Auburn and Skyway: Planning grants awarded.



Key Points of the SeaTac-Tukwila

Food Innovation Network

www.globaltolocal.org/fin



FOOD
INNOVATION
NETWORK

What is it?

The *Food Innovation Network* promotes increasing investment in food businesses. Network members work collaboratively to create a common agenda to create jobs and entrepreneurship opportunities and promote healthful eating. Network members include community organizations, businesses, education institutions and local governments.

Health and Economic Disparities

While the King County is one of the wealthiest regions in the country, the SeaTac-Tukwila area experiences great economic and health disparities.



40% of households live below 200% the federal poverty line



median income is 29% of the countywide median



10% unemployment rate

Obesity Rates

SeaTac-Tukwila vs County



Demand for Locally Produced Products / Support Local Businesses



King County has a **\$6 billion** food market, ranking **2nd most recommended** U.S. market for food businesses interested in trying out new food products including organic and local products.

Demand and Interest for Food Sector Skills Training, Resources and Commercial Kitchen Access

40+
requests

to **Global to Local's** focused outreach into a variety of ethnic communities that produced **specific and extensive** indications of need for **support in skill-building and entrepreneurial assistance** (2014)

30 businesses

throughout south King County participated in **Healthy Foods Here** program that provided **training and technical assistance** to small businesses to increase their fresh food inventory (2010-2012)

20 people



participated in **Project Feast's** commercial Kitchen basics program tailored for immigrant and refugee communities and over **120 people** received their **food handler permit** through their assistance (2013-2014)

75 individuals



received training through **Urban Food Link's "Growing Your Food Business"** workshop series (2013-2014)

Infrastructure Gaps and Challenges

- Costly to own and build out a commercial kitchen
- Competitive to lease commissary kitchen space
- Food processors are contracting with out-of-state co-pack facilities due to high facility cost locally
- Limited understanding of permitting and license requirements to start businesses
- Limited access to co-pack facilities

Network Actions

The project seeks to address these disparities in health and economic opportunity through a coordinated effort in **creating entrepreneurial and employment opportunities in the local food sector.**

1. Sustain & expand trainings & resources

Trainings specific to the food industry as well as soft-skill development. Improving coordination across existing trainings and other necessary resources as well as **identifying and filling resource gaps** will increase this impact.

2. Create a food innovation district

Create a business cluster environment that spurs job and business formation opportunities for South King County residents. A district includes community health and educational uses, transit **accessibility and affordable housing.**

3. Develop a training / business incubator facility

Serving as an anchor to the district, a multi-purpose facility will include classroom and commercial kitchen space for trainings as well as community members interested in starting their own food-related businesses.

Sources

U.S. Census, 2010
Public Health Seattle-King County, 2012



FOOD
INNOVATION
NETWORK

for more information, please go to
www.globaltolocal.org/fin

The Intersection of Faith & Health 2015 Conference

The Role of the Black Faith Community
in the HIV Healthcare Continuum

Seattle University

901 12th Avenue, Seattle WA 98122

KEYNOTE SPEAKERS



Derek Spencer, CRNP, MS
Regional Director
FOCUS Program
San Francisco, CA



Renee Beaman, RN
Director of Delaware State
Service Centers Delaware DHSS



Transforming healthcare
and improving
health outcomes

FEATURED PRESENTATIONS

Friday, April 24 | 6 PM - 9 PM

Transforming Healthcare: The 21st Century Church

Saturday, April 25 | 8 AM - 4 PM

Bridging the Gap: Faith & Health HIV Prevention, Care, & Support

The Role of the Faith Community in Healthcare

Privilege & Power in Healthcare

Expanding the HIV Care Continuum through Collaborations

Health Disparities: Why They Exist & What We Can Do

Reconciling The Great Gender Divide: HIV & Stigma

A Healthier Washington through Accountable
Communities of Health

Registration Fee: \$75

REGISTER HERE or <http://bit.ly/1L3I7b9>
www.facebook.com/aarthorg

HOTEL OPTIONS: Conference Rate and Group ID available upon registration
Silver Cloud | 1100 Broadway, Seattle, WA 98122 | (206) 325-1400
Crowne Plaza Airport | 17338 International Boulevard, Seatac, WA 98188 | (866) 460-7456

VENDORS: Exhibits and Vendor Tables Available, Contact AARTH at (206) 850-2070



Michele Andrasik, Ph.D.
Fred Hutchinson Cancer Research Center
University of Washington



Mary Bogan, MSW
The Phillippian Group



Rev. James P. Broughton III, Th.M., B.S.
Damascus Missionary Baptist Church



Maxine Hayes, MD, MPH
University of Washington
School of Medicine



Winona Hollins Hauge, MSW
Chair Elect, UWHPRC, FHCRC/CAB



Rev. Dr. Patricia Hunter, D.Min., MDiv, B.A.
Ministers & Missionaries Benefit
Board American Baptist Churches



Rev. Bertram Johnson, MDiv, MSW
Fred Hutchinson Cancer Research Center



Janet Jones, MSW
WA State Department of Corrections



Rabbi Anson Laytner, MHL, MNPL, BA
Seattle University
School of Theology & Ministry



Reverend Lonnie Mitchell, Sr., MDiv
Bethel African Methodist Episcopal Church
Spokane, WA



Rev. Tiji Murphy, MDiv, Ph.D., MS, BS
Baily-Boushway House



Lara Strick, MD, MS
NW AETCUW
WA State Department of Corrections

SPONSORS



U.S. Department of Health and Human Service | Region X

Office on Women's Health | HIV Regional Resource Network Program



The Intersection of Faith & Health 2015 Conference: *The Role of the Black Faith Community in the HIV Healthcare Continuum*

PLENARY SESSIONS

FRIDAY, APRIL 24, 2015 | 6 PM – 9 PM

HIV & CO-MORBIDITIES AMONG AFRICAN AMERICANS IN WASHINGTON STATE

The impact of HIV and co-morbidities among African Americans and ways to improve health outcomes.

TRANSFORMING HEALTHCARE: THE 21ST CENTURY CHURCH

An HIV outreach and testing strategy that transforms the way public health and communities work together to achieve amazing results. The Project Shalem/City Uprising collaboration of the academia, healthcare, churches and community-based organizations working to increase access to HIV testing.

SATURDAY, APRIL 25, 2015 | 9 AM – 10 PM

BRIDGING THE GAP BETWEEN FAITH & HEALTH THROUGH HIV PREVENTION, CARE, & SUPPORT

A successful faith and health collaboration model that has transformed the way healthcare is done in Delaware. The Beautiful Gates Outreach Center program story, a HIV testing and primary care clinic establish by the Beautiful Gates A.M.E. Church in collaboration with the Delaware Health Department, providers and community volunteers.

MORNING WORKSHOPS: SATURDAY, APRIL 25, 2015 | 10:30 AM – 12 PM

THE ROLE OF THE FAITH COMMUNITY IN HEALTHCARE

- Explain the faith community's universal mandate and responsibility for the health of people, community and the environment.
- Describe the historical role of faith and health programs in America.
- Contrast the human and economic cost of a community with/without holistic healthcare.

PRIVILEGE & POWER IN HEALTHCARE

- Obtain information on the impact of privilege and power on health.
- Increase awareness of personal privilege and power.
- Increase awareness of personal bias.
- Identify effective strategies, tools and techniques to increase awareness of privilege and power in your work.

EXPANDING THE HIV CARE CONTINUUM THROUGH COLLABORATIONS

- Discuss strategies and models for expanding the HIV Care Continuum in community through public health & faith partnerships.
- Identify issues and opportunities for expanding HIV services in prison settings through faith community wrap around services.

AFTERNOON WORKSHOPS: SATURDAY, APRIL 25, 2015 | 1:30 PM – 4 PM

HEALTH DISPARITIES: WHY THEY EXIST & WHAT WE CAN DO

- Obtain information on the impact of social and structural factors on health.
- Identify factors associated with disproportionate social and structural factors in marginalized communities.
- Discuss how historical trauma is linked to health and health outcomes.
- Discuss potential strategies, tools and techniques to address existing disparities.

RECONCILING THE GREAT DIVIDE: HIV STIGMA & SEXUAL ORIENTATION

- Discuss the barriers and opportunities for strengthening social/cultural relationships between African American heterosexual and LGBTQ individuals.
- Identify the impact that relational discord and HIV have on the health of the person, family, and community.
- Discuss the role/relationship of the Black church in providing spiritual care and resources for people living with HIV.

A HEALTHIER WASHINGTON: ACCOUNTABLE COMMUNITIES OF HEALTH (ACH)

- Discuss strategies for restructuring and transforming healthcare in Washington State.
- Explain Accountable Communities of Health Initiatives and identify ways community members can participate.
- Discuss the role of funders in building community capacity and supporting sustainable collaborations connected to the ACH.

Living POSITIVE



5th Annual Regional HIV/AIDS Conference
Turning the Tide on HIV/AIDS among Women of Color



Keynote Speaker

RADM Deborah Parham Hopson, Ph.D., R.N., FAAN
 U.S. Public Health Service, Senior Advisor for HIV/AIDS Policy
 Former Associate Administrator for HRSA's HIV/AIDS Bureau
 Health Resources and Services Administration

The Affordable Care Act & HIV Services

The ACA: HIV prevention and care services for women
 The ACA and Ryan White
 Restructuring policies and strategies
 The role of CBOs

Friday, April 26, 2013
8:00 AM – 4:30 PM
 SeaTac Holiday Inn
 Summit Grand Ballroom
 17338 International Blvd,
 Seattle, WA 98188

CONFERENCE DETAILS

[CLICK HERE TO REGISTER](#) OR GO

TO:

www.aarth.org

Registration Fee: \$50
 Deadline: April 23, 2013

Breakfast & Lunch Provided

Conference Information:
 Contact Kimberly C. Nash
conferenceinfo@arth.org
 Or 206-850-2070

Professional Credit:

Professionals who wish to receive a contact hour certificate must complete a CE registration form, all course activities, and an evaluation.

A certificate for **6.5** contact hours will be awarded.

Nurses:

- Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
 - UWCNE is approved as a clock hour provider by the Washington State Board of Education.
 - Provider approved by the California Board of Registered Nursing, Provider #07218.
- Psychologists:** UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240(1).

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-810-620.

Other Disciplines: A certificate will be awarded for use in documenting completion of this offering.



Shireesha Dhanireddy, MD
 Harborview Medical Center,
 Madison Clinic

Featured Presentations

Women and HIV: Reproductive Health & Complexities of Aging
 The Intersection of Social/Structural Factors on HIV among Women
 National HIV/AIDS Strategy: Policies, Plans & Equity for Women
 Making Women Count – A Comprehensive Agenda
 It Still Takes a Village: Education, Prevention, Care, & Support
 Next Steps: What We Can Do to Turn the Tide on HIV/AIDS



Michele Peake Andrasik, Ph.D.
 Fred Hutchinson Cancer Research
 Center; University of Washington



Renee McCoy, Ph.D
 Lifelong AIDS Alliance



T. Allen Bethel, BTH, MRE, D.MIN
 Maranatha Church
 Albina Ministerial Alliance



Erick Seelbach, AMT
 US DHHS Region X



Nicole Price
 BABES Network/YWCA



Karen Hartfield, MPH
 Public Health Seattle & King County
 WA HIV Prevention Planning Group



Evelyn Tomaszewski, MSW
 National Association of Social Workers

Conference Providers



About The Conference Keynote Speaker



RADM Deborah Parham Hopson, Ph.D., R.N., FAAN

U.S. Public Health Service, Senior Advisor for HIV/AIDS Policy
Former Associate Administrator for HRSA's HIV/AIDS Bureau
Health Resources and Services Administration

Deborah Parham Hopson is the Senior Advisor for HIV/AIDS Policy at the Health Resources and Services Administration (HRSA). As Senior Advisor, Dr. Parham Hopson provides expert guidance on initiatives involving national and international HIV/AIDS policies and issues.

Prior to assuming this position in February 2013, Dr. Parham Hopson served as the Associate Administrator of the HIV/AIDS Bureau (HAB) for 11 years. As HAB's Associate Administrator,

Dr. Parham Hopson was responsible for managing over \$2.4 billion for programs authorized under the Ryan White HIV/AIDS Program. The Ryan White HIV/AIDS program funds training for health care professionals and medical care, treatment, referrals and support services, for over 546,000 uninsured, underinsured, and underserved people living with HIV disease in the United States and the U.S. Territories.

In addition, as part of the President's Emergency Plan for AIDS Relief, she directed a multi-million dollar global HIV/AIDS program with training, care and treatment activities in Africa, Asia, and the Caribbean.

Parham Hopson holds the rank of assistant surgeon general and rear admiral in the Commissioned Corps of the United States Public Health Service (USPHS), entering the Corps in 1984 with HRSA's Bureau of Community Health Services. She completed a variety of assignments in the HIV/AIDS Bureau, served as deputy chief of staff in the Office of the Surgeon General, and worked as a public health and budget analyst and chief nurse for the National Health Service Corps and other Bureau of Primary Health Care programs.

Prior to her USPHS career, Parham Hopson was a White House Intern, a Presidential Management Intern, and a research associate at the National Academy of Sciences' Institute of Medicine. Her clinical practice was in neonatal intensive care nursing.

She is the recipient of numerous honors and awards, including the USPHS Meritorious Service Medal and Chief Nurse Officer Award, the Black Commissioned Officers' Hildrus A. Poindexter Award, the DHHS Secretary's Award for Distinguished Service, and the Uniformed Services University of the Health Sciences Exceptional Service Medal.

Dr. Parham Hopson received her undergraduate degree in nursing and health from the University of Cincinnati and her Master of Science and Doctor of Philosophy degrees in health policy and management from the University of North Carolina at Chapel Hill School of Public Health.

This Conference is supported by

