

# MIDD 2023 Summary Report

Health and Human Services Committee

February 4, 2025



King County

**MIDD** Supporting behavioral  
health and recovery

# MIDD 2 Policy Goals

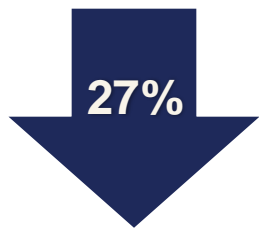
- 1** **Divert** individuals with behavioral health needs from costly interventions, such as jail, emergency rooms and hospitals.
- 2** **Reduce** the number, length, and frequency of behavioral health crisis events.
- 3** **Increase** culturally appropriate, trauma-informed behavioral health services.
- 4** **Improve** health and wellness of individuals living with behavioral health conditions.
- 5** Explicit **linkage** with, and **furthering** the work of King County and community initiatives.

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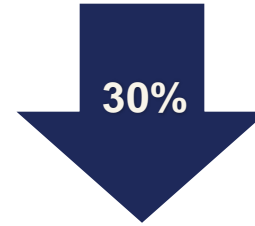
# 55 Initiatives Spread Across Five Strategy Areas

1. Prevention and Early Intervention
2. Crisis Diversion
3. Recovery and Reentry
4. Systems Improvement
5. Therapeutic Courts

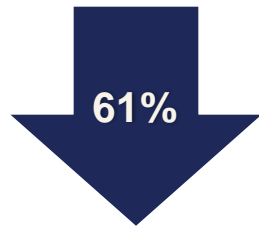
# 2023 Key Accomplishments



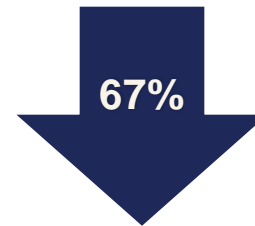
Change in psychiatric inpatient admissions by program participants, over the long term



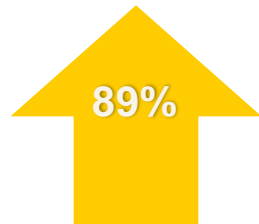
Change in emergency department admissions, over the long term



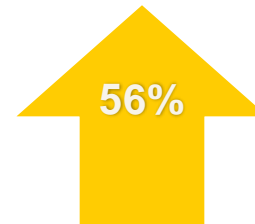
Change in jail bookings among adults, over the long term



Change in crisis service episodes among adults, over the long term



Percent of youth with no additional crisis service episodes

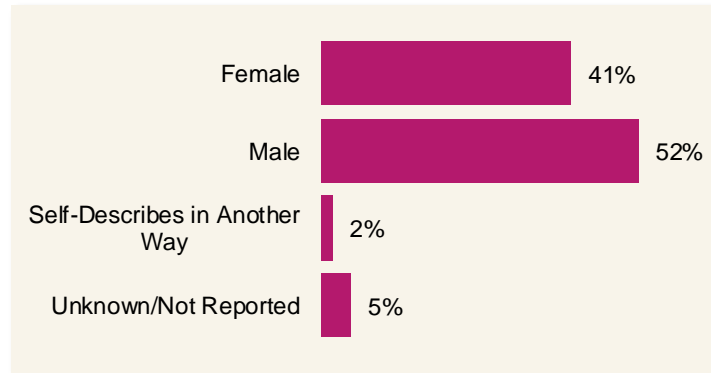


Percent of youth participants in applicable programs with no new juvenile legal system referrals

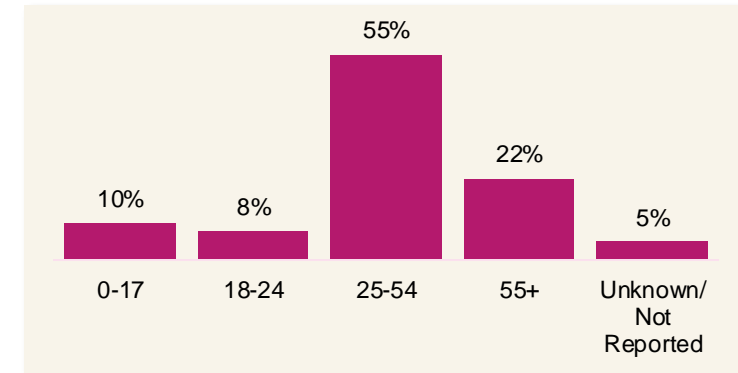
# Who MIDD Served in 2023

**TOTAL SERVED: 24,342**

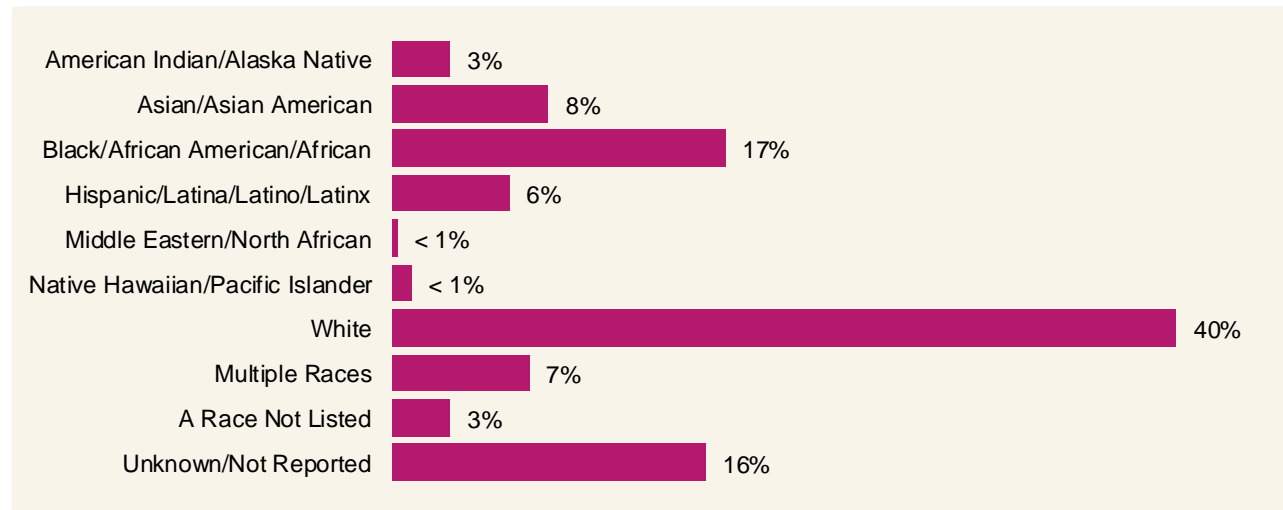
## Gender Identity



## Age Group (Years)

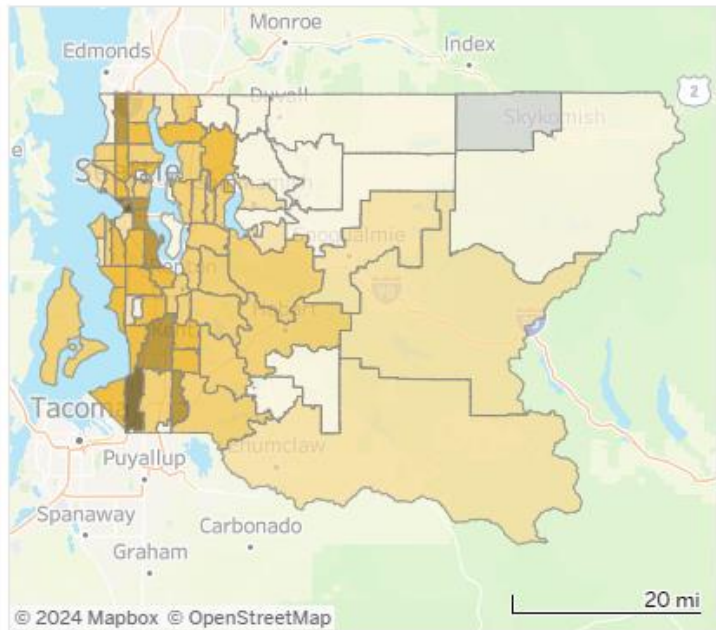


## Race/Ethnicity

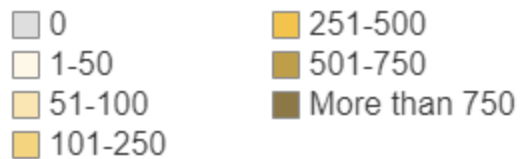


# Where MIDD Participants Live

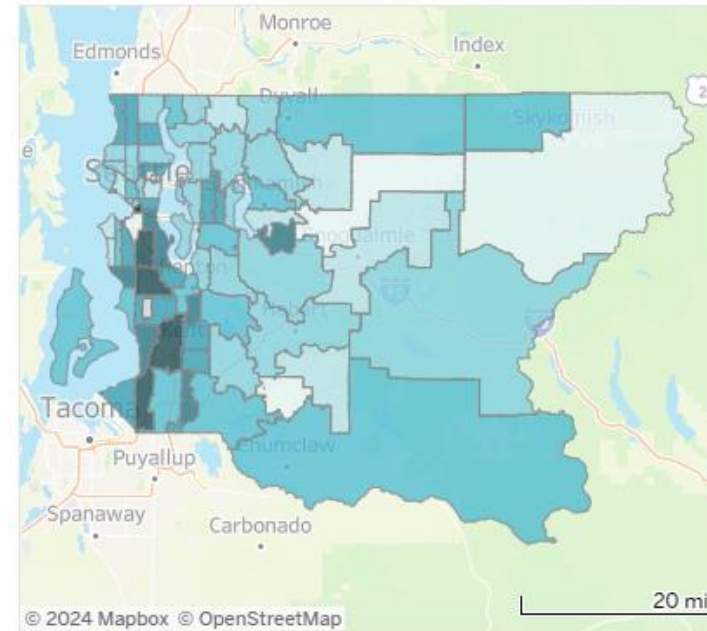
MIDD Participants



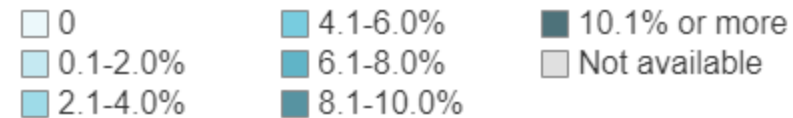
Number of MIDD participants in each ZIP Code based on last known residence. Darker-shaded ZIP Codes contain more MIDD participants.



King County Families in Poverty



Percentage of households in each ZIP Code whose income is below the Federal Poverty Line (FPL). Darker-shaded ZIP Codes have a higher percentage of families living below the FPL.



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# 2023 Areas of Focus

- **Workforce:** Growing and sustaining a diverse behavioral health workforce
- **Substance Use:** Addressing fentanyl surge and eliminating barriers to lifesaving medications for opioid use
- **Access:** Reducing barriers and increasing access to care
- **Youth Wellbeing:** Increasing youth access to behavioral health treatment

# Growing and Sustaining a Diverse Behavioral Health Workforce

- Restored Workforce Development initiative effective 2024
- YMCA of Greater Seattle: Y+ Master's in Mental Health Counseling Program
- Tubman Center for Health and Freedom: Community Practitioners, Community Solutions



*Students attend lecture with YMCA Y+ Master's in Mental Health Counseling Program, which received funding through SI-05: Emerging Issues. Source: YMCA of Greater Seattle*



# Addressing Fentanyl Surge and Eliminating Barriers to Lifesaving Medications for Opioid Use

- **378** people received on-demand SUD care in partnership with five providers
- **8,962** Naloxone kits distributed to community-based organizations and providers across the region
- Seattle Public Schools launched a district-wide opioid prevention and overdose response effort



*DESC/Public Health-Seattle & King County Street Medicine Team receives funding through CD-07 for their mobile health van. Van signage is intentionally informal to foster a sense of approachability.*

*Source: DESC*

# Reducing Barriers and Increasing Access to Care

- Funded **24** community led organizations to provide culturally specific services and 4 rural based organizations to improve access to services
- Launched two collaboratives focused on Community Owned Behavioral Health and Rural Behavioral Health
- Over **3,000** people received outpatient care, many of whom are immigrants or refugees and not eligible for Medicaid
- **13,000** individuals received outreach and assistance to reconnect to outpatient behavioral health services



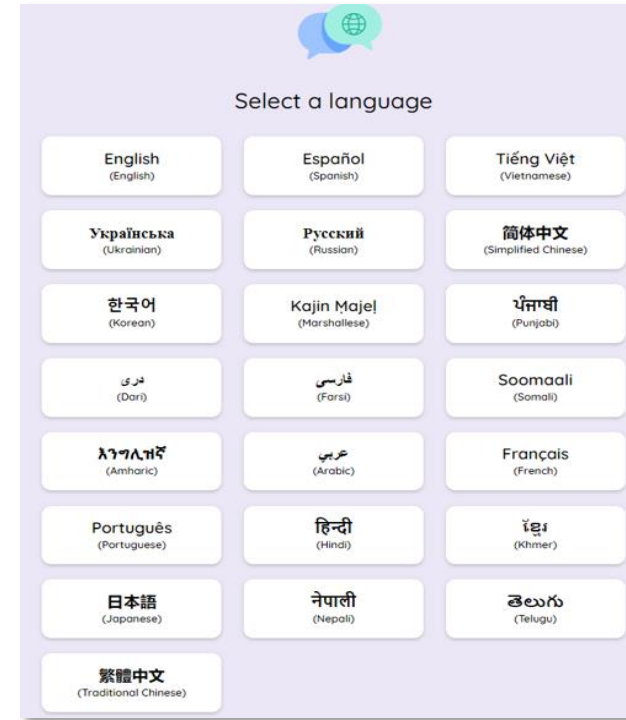
*Youth gather for an after-school skill-building activity, hosted by Diaspora Family Healing Network*



*Encompass Northwest provided home- and school-based therapy to children and families in the Snoqualmie Valley.*

# Increasing Youth Access to Behavioral Health Treatment

- Over **2,500** youth participated in MIDD-funded services, ranging from crisis outreach to wraparound supports
- Additional **13,000** youth were screened through School-Based Screening, Brief Intervention, and Referral to Treatment (SBIRT)
- The Quality Coordinated Outpatient Care initiative supported the launch of summer youth programming



*School-Based SBIRT online tool “Check Yourself” is available in 22 languages.  
Source: Northshore School District.*

# Art Therapy Pilot Project

- Unified Outreach engaged youth to build self-esteem and express feelings through art
- Produced Vibrant, a magazine featuring students' works, in December 2023
- A total of 62 youth served between the ages of 11 and 19 years old
- 97 percent of participants identified as a person of color



*The December 2023, inaugural print version of Vibrant, published by Unified Outreach, with funding through SI-01: Community Driven Behavioral Health.  
Source: Unified Outreach.*

# 2023 Financial Report

STRATEGY AREA	2023 Budget	2023 Actuals	% Spent
Prevention & Early Intervention <sup>1,2</sup>	25,240,021	19,650,534	78%
Crisis Diversion <sup>1,2</sup>	29,642,043	24,836,087	84%
Recovery & Reentry <sup>3</sup>	13,696,398	13,591,333	99%
System Improvement <sup>2</sup>	6,877,048	2,865,203	42%
Therapeutic Courts	13,339,637	12,112,460	91%
Special Projects <sup>4</sup>	12,050,500	8,293,306	69%
Administration & Evaluation	5,336,015	3,554,033	67%
<b>Total</b>	<b>106,181,662</b>	<b>84,902,956</b>	<b>80%</b>



# 2023 Data Dashboard

To fully explore MIDD's overall results, visit: [2023 MIDD Data Dashboard](#)

2023 Highlights	Who do we serve?	Where do participants live?	How are we performing?	What are our long-term outcomes?	How are we improving?	How much do we invest?	Evaluation methods and notes
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## 2023 KEY HIGHLIGHTS

*MIDD invests in the community broadly.*



# Questions?

- **Susan McLaughlin**  
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