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White Center

I am a first-generation American and identify as a first generation Mexican American. I grew up in a primarily Latino community, and my first language was Spanish, and this perspective contributes to my passion for public health. I received my bachelor's degree at the University of California Berkeley in Public Health and my master's degree in public health in the Community Oriented Public Health Practice program in 2020 with a focus on youth health promotion and serving children and families.

I have worked within the public health and educational system for the last ten years as a teacher, advocate, preschool navigator, and college access coordinator where I learned the importance of intersectional perspectives on systemic public health challenges. I am a champion of the intersection of mental health, education, and public health.

I have been working with and for the Coalition for Drug Free Youth in White Center since 2020 and have used my passion for engaging community to create bridges between systems and empower others for the wellbeing of children and families. I was appointed to the first Participatory Budgeting Committee in White Center in 2021 and helped guide and fund community lead projects. I believe in the power of community engagement and public health to influence, sustain, and empower communities.